



# Category Descriptions

- Jazz:** Dance movements that utilize the major beats in the music with an emphasis on technical execution. The music and choreography should display an up-tempo style.
- Funk/Hip Hop:** A street style of dance that can incorporate popular movements such as poppin, breakin, lockin, etc. and executed to a strong music beat.
- Lyrical:** Dance style movement that accentuates fluid body extension and control while complementing the musical selection.
- Modern:** Using the musical piece to feature contracted movement, weight sharing and suspension and release style technique. A thematic approach is often practiced.
- Military:** Dance movements that incorporate strong, sharp precision movement with an emphasis on uniformity and visual formation changes.
- Pom Pon:** Dance movements that emphasize uniformity and utilization of pom pons for maximum visual effect. The music & choreography usually employs a fast tempo.
- High Kick:** A dance category that highlights a variety of high kick series while utilizing control, technique, precision, timing, & uniformity of height.
- Novelty:** A dance that portrays a feeling or acts out a thematic or character style approach to the musical piece.
- Prop:** A dance selection that employs an object for strong visual effect. 85% of the routine must be executed utilizing the prop.
- Open:** The open dance category is reserved for tap, ballet, or those routines which predominantly consist of two or more dance styles.
- Show Production:** A presentation that utilizes a thematic approach to emphasize the dance composition. This may incorporate props, costuming, back drops, and sets, etc.
- Co-ed:** A performance group that may combine male and female participants or be comprised of an all male group. This number may utilize any style of dance.