

#thatpower
Level 4-5 Hip Hop
Choreographed by: Emily Scoville

- 7,8 hold 7, look up 8
8 pop chest R 1, pop chest L 2, step R wipe hands 3&, step back R 4, head roll to back 5, scuff L jump out &6, heels to L point out 7,8
8 heels to L &1, snake forward 2, step RLR 3&4, touch L roll into chest 5, touch R arms push down 6, head roll 7, step L body roll 8
8 punch down pop R 1, L 2, step together 3, step R forward arms up 4, R hip pop 5, R hip pop R arm down 6, step R 7, step together to back 8
8 walk LRLR 1-4, head roll step out L 5-6, body roll L 7, stand together 8
8 pelvis forward pop 1&2, step behind L 3, step R 4, dagger R and switch &5, R arm extend & pull diagonal &6, turn around yourself 7-8
8 butt pop 1&2, slide hands up body step R 3, feet together arms dagger 4, L hip pop 5, push R knee down 6, snake R arm up to muscle 7-8
8 pelvis thrust &1, reverse body roll 2-3, R L step &4, left hand on R knee&right hand on R knee&pull R knee in 5&6, L hand to chest&R hand to chest &7, open chest&close &8, point R hand &
8 drag L 1-2, drag R 3-4, R arm tabletop L arm on L knee&switch &5, slap R hand &6, roll R arm up 7, snap up 8
8 cross legs jump out &1, pelvis thrust &2&3, kick R 4, slide L dig R &5, step R out L hand to R bicep &6, roll R arm 7, point to head 8
8 flat box drag R 1, step together up box arms 2, R box arm drag L 3, close 4, up box&down box step L &5, cross arms&pull back to chest &6, butt roll to sit in L hip 7-8
8 kick bucket L 1, drag L 2, body roll 3, sit in R hip 4, head roll 5, chest roll 6, drag L back 7, step on it 8
8 step R 1, catch step R passé 2, touch R&step R &3, step R&step L &4, throw R arm across 5, step R&step L &6, R arm cross&L arm cross 7&, jump together point up 8
8 catch step LR throw arms forward 1-2, jump out 3, body roll arms drag down 4, head roll L 5-6, body roll L to stand facing L 7-8
8 step L rock it out 1-2, step R rock it out 3-4, R arm box front L hand grab fist 5&, swivel R 6, step R 7, jump out 8
8 body roll L 1-2, touch R&step R &3, step L 4, R hip pop &5, step RL &6, drag R forward 7-8
8 head roll L 1-2, body roll L 3-4, head roll R 5-6, body roll 7-8
8 R straight arm circle across 1, R hip pop &2, pelvic thrust &3, step RL &4, punch R down 5, step L&R &6, clip turn L to back 7-8
8 step forward L arms in T 1, body roll from fingertips 2-4, pivot to front 5, body roll from pelvis to fingertips 6-8
8 throw R across 1, throw L across 2, step R&L &3, box arms open&close &4, box arms out &5, step forward R 6, step L point R 7, close to the back 8
8 step R 1, touch L 2, step L 3, touch R 4, walk RLRL to face front 5-8

- 8 step R pop chest 1, stand together 2, drag forward L pull R arm 3, face R 4, step L back body roll 5, face L 6, step back L pop chest 7, close 8
- 8 pull arms L foot flexed to leg cross &1, pull to knees together hinge &2, step cross L 3, step R 4, extend L leg out arms T&arms to daggers L passé &5, body roll forward 6, punch stomach in 7, step LR &8, face R &
- 8 step R 1, kick L 2, step L 3, kick R 4, ball change RL &5, lean body to L 6, lean R arms in T 7, cross L foot over broken T arms R&L &8
- 8 full turn repeat broken T arms &1, punch R arm back 2, circle R arm 3, chest pump R arm 4, open box arm chest pop 5, open box arms downwards chest pop 6, drag L pull R arm, step together snap R look at hand 8

After Party
Level 3-4 Hip Hop

Choreographed by: Rhodessa Bell, Donathan Flucas, Kacey Lee, Yoshio Pineda, Caitlin Poulton

Beg. Pose: inverted V, facing in, downstage foot front

- 8 Hold (1-4) middle person pushes out, sides step back with downstage foot(5-6) body roll forward and around, head ends down (7-8)
- 8 In opposition:shoulder isolation R, L(1&) plié in turn out, hands in pockets, head pops up(2) closing feet together, arms down and fists (3-4) chasse step forward RLR, R arm swivels across face and down (5-6) chug back, feet together (7) open in second(8)
- 8 3 groups back to front every 1 count: jump side, point R hand diagonal (1) hop unto L, arms throw down(2) jump to second facing front, elbows to hips(3) pose and bounce(4) bounce in pose as groups finish (5-8)
- 8 Moving forms to staggered lines: circle and throw L arm, jumping feet together R(1) three step turn L, in low crouch(2-4) walking to fix form, shaking hands (5-8)
- 8 Temp de fleche (1&2) tap L side, arm follows (&3) head nod(&4) slide side and close L, hands through chest and snap (5-6) slide and close R, arms circle down to face (7-8)
- 8 Step together step RLR, arms open close punch up(1-2) snake and pop (3-4) snake and throw(5-6) hand to R ea, sliding L(7-8)
- 4 Cha cha step, shaking R finger "no no"
- 8 Three step turn in opposition, front line forward, back line back(1-4) party R (5-6) party L (7-8)
- 8 Three step turn to single line(1-4) step and pull to R(5-6) repeat L, every other change level to floor(7-8)
- 8 (three groups, L to R, every two counts) floor section: kick R and cross(1-2) turn around in this position(3-4) land L extended(5-6) run to stand up (7-8) standing group: kick R leg out 1, cross leg over L knee 2, step R 3, snap 4, point L-R 5-6, snake to R 7, clean 8; serve it up to finish groups
- 8 Circle in opposition (1-4) head bob to each other(5-6) front line punches R arm, back line tucks and turns(7-8)
- 8 Front line tucks, back line punches(1-2) front line jumps up in second hands up, back line throws L and sits(3-4) front line sits on R hip hand over head, back line rolls to flat back(5-6) everyone accents R twice (7,8)
- 8 Walk and weave (1-4) cross straight side(5-8)
- 8 Moving forms to triangle point back: (1-3) snap hands up(4) finish form (5-8)
- 8 Jump out (1) flex L foot, throw arms up(2) reverse, hug(3-4) repeat L &R (5-8)
- 8 Circle chest R to L, arms in half T(1) point L (2) three groups front to back every two counts: tuck front, arms "what's up"(3-4) groups finish(5-8)
- 4 Point person "we ain't never gonna shut it down" improv
- 8 Three groups back to front every two counts: jump feet in second, hands on ground(1-2) stand up, hand on hips(3-4) swing hands R, L(5-6) pose R, hands on

- knees(7-8)
- 8 Groups finish(1-4) shake L(5-6) shake R, R hand across face(7-8)
 - 8 Traveling stage R, grapevine (1-4) moving form to triangle point front,shrugging shoulders (5-8)
 - 8 Cross and jump R then L, arms throw in the air(1-4) party and improv (5-8)
 - 8 Robot R (1-4) repeat L (5-8)
 - 8 Three groups front to back every two counts: R hand to head and snake(1-2) pull R then L to half T(3-4) second group finish(5-6) third group finish(7-8)
 - 8 Twist and bounce L (1-2) reverse(3-4) slide and clap L(5-6) slide and point R(7-8)
 - 8 Pony and turn back(1-4) walk back R, L(5-6) swivel front(7-8)
 - 1 Ending pose in half tuck front, middle person press arms down

Alive
Level 4-5 Jazz

Choreographed by: Kali Boyd, Jessie Heck, Monique Jordan, Lyndsay Renger

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- 8 Hold
- 8 Reach 1-4, drop 56, hands up 78
- 8 melt down 12, up 34, R arm reaches 5, R arm up 6, R arm cross in front 7, "L" and turn 8
- 8 chasse' 12, pull 34, slow head to front 56, right ran de jambe 78
- 8 reach up 12, pull and release 34, walk to staggers 5678
- 8 R arm to high V 1, L arm to "T" 2, L arm in front &, melt and pull arms down 34, reach out 5, in 6, opposite arms circle 78
- 8 prep in fifth 1, leap 2, land 34, roll 56, stand 78
- 8 (groups 1,3) attitude 12, straight 34, chasse' 56, double inside pirouette 78
- 8 land in releve' with "T" arms to corner 12, hold 34, arms up and turn 5, pull and release 6, step 7, step 8
- 8 leap to diagonal 12, turn with R arm up 34, R arm 5, L arm &, in 6, big circle 78
- 8 hands on ground 12, roll to back diagonal windmill arms 3456, reach up 7, down 8
- 8 R foot 1, L foot 2, L arm wraps around stomach 34, hold 56, reach in plank with L arm 78
- 8 roll to stand 1-4, prep 56, double pirouette 78
- 8 walk to one line
- 8 ripple 1-8
- 8 (pick up groups 1,3,5,7) step L 1, "L" 2, pivot 34, walk with sunshine arms 56, pivot 78
- 8 arms out 1, down 2, hold 3-8
- 8 snake up 12, charge front 34, step touch circle 56, low chaine 78
- 8 turning jete' 12, step 3, flick R foot 4, step 5, chasse' 67, pull 8
- 8 drag "L" over R shoulder 1-2 roll to side to stand up 3-6 reach out 7 hands on hips 8
- 8 (parts 1, 3) st L, arms in T 1 arms down step across with R 2 3step turn; arms wrap torso 3&4 step battement tilt R 5-6 step across with R 7-8
- 8 L clip turn 1-2 drop over legs in parallel position 3-4 continue groups 5-6 everyone snakes up together 7-8
- 8 step touch to R; R arm reach up 1-2 step touch L 3-4 drop over legs in parallel 5-6 snake up 7-8
- 8 preparation for pirouette 1-2 double coupe turn 3-4 reach out with R arm 5 L arm to T & drop to a lunge 6 look over shoulder 7-8

Arms

Level 5 Military

Choreographed by: Lindsay Early, Caitlin Hendricks, Kacey Lee Katie Perdue

-Start in columns, Start head down feet together

- 8 Hold 1 2 arm breaks to T 3 flex wrist 4, touchdown 5 other arms low V and flex wrist 6 and T 7 break in to prayer and 8
- 8 Slice ripple front to back 1234, ripple swirl arms to tuck 5 6 7 8
- 8 Roll up 1 2 (Transition to lines 2 8 counts) broken T 3 shoot down 4 switch and pocket 5 swim behind ears and 6 close 7 slice out to cross front and 8
- 8 Prayer 1 stop 2 T 3 W 4 Rt arm cross to shoulder L arm low V 5 wrap L open R 6 head roll 7 8
- 8 Break to low V and 1 hold 2 Groups start 3 5 7
- 8 L step across 3 push and match 4 swing under 5 match to knee 6 switch knees 7 read book 8 stand up broken T 1 2 cross arms low diagonal 3 and pocket 4 Last group ends 8
- 8 Front and back line alternate levels: first level 1 hold 2 switch 3 hold 4 circle to center 5 6 broken T 7 head bobble 8
- 8 Pass through section: Either rocket sunshine to floor 1 2 roll 3 4 5 6 chase stand arms behind head 7 rocket and low V 8 OR ball change with low V arms 1 2 step 3 step to corner 4 pitch battement 5 clean 6 slap hand and 7 tuck 8
- 8 Opposition high and lows: Low diagonal 1 middle 2 high 3 middle and low diagonal 4 chaine turn 5 and 6 candlesticks 7 jump out 8
- 8 Pull high diagonal 1 in 2 switch 3 in 4 push out and stop 5 and 6 T 7 bird clean 8
- 8 Transition to triangle cross heart 1 low V 2 circle 3 4 L arm high V R arm check 5 6 switch down 7 8 shoot across 1 open 2 swing up 3 4 R arm circle 5 6 clean 7 8
- 8 Ball change R arm out 1 2 chase 3 4 Russian 5 6 land in runners lunge 7 8
- 8 Ripple front to back triceps pushup 12345678
- 8 Roll to stand 1 2 3 4 5 6 robot 7 front 8
- 8 Groups 1 3 5
- Indian 1 hold 2 shoot across 3 open 4 jump together 5 circle 6 T 7 broken T and 8 shoot out to K and 1
- 8 Last group ends on 5 ripple swirl K with fist 5 6 7 8
- 8 Clip turn 1 2 prep 3 4 double flamingo turn 5 6 press to clean 7 8
- 8 Transition back to lines Broken T R 1 switch 2 R arm T 3 rocket 4 L arm T 5 low rocket 6 box up 7 clean 8
- 8 R arm swivels behind ear 1 2 L arm swivel 3 4 Michael Jackson 5 6 7 8
- 8 Box across body 1 open and 2 match 3 hi 4 turn around self 5 6 7 8
- 8 Tuck 1 out 2 broken T 3 shoot down 4 switch and pocket 5 swim behind ears and 6 rocket 7 slice out to low V and 8 head up and shake 1

AYO!
Level 1 Hip Hop
Choreographed by: Kali Boyd, Adrianna Cortez, Erica Sowell

- 8 Begin in tuck hold 5-7 run forward 7-and-8
- 8 Kick ball change 1-2 roll hips 3-4 pull 5 pull 6 4 claps 7 and 8 and
- 8 Point down Ayo 1 and Cheerio 2 slide 3 and 4 trade lines 5-6 kick jump together 7-8
- 8 Holla 1-2 triple point 3-4 kick five back 6 snake chest pop 8
- 8 Lasso 1-2 snake down 3-4 double kick down 5&6 and chicken wing down 7&8
- 8 Wind shield wipers 1-2 switch 3-4 in opposition walk 5-6-7 set up guitar 8
- 8 Play guitar 1-4 while second line runs through jump open 5-6 pop left 7 pop r 8
- 8 In parts go 1 3 or 5 choo choo down 1-2 switch 3 hold 4 up with arms 5-6 hold 5-8 for pick up
- 4 Count break still picking up 1,2 cross 3 step 4
- 8 Kick 1, transition walk step to back 7-8
- 8 Swing right 1, swing L 2 punch R 3 punch L 4 snake to front 5-8
- 8 (group A) in parts lasso 1-2 snake down 3-4 double kick down 5-6 chicken 7-8
- 8 (group B) lasso 1-2 snake down 3-4 double kick down 5-6 chicken 7-8
- 8 Run clump 1-4 sway 5 sway 6 solo party 7-8
- 8 Run fast spread 1-4 out r 5 in 6 out L 7 in 8
- 8 Criss cross 1-2 pump it 3 and 4 and Around and down 5-6 around down 7-8
- 8 Up down 1-2 up down 3 4 circle around 5-6 lean 7-8

Back in Black
Level 3 Field Chair

Choreographed by: Kali Boyd, Adrianna Cortez, Julie Rowley, Eboni Wafer, Michaela Vermeulen

Start standing on chair, head down feet together

- 8 holding 1-4 ripple breaking right arm to touchdown popping right foot looking to the left side 5-6
- 8 3 groups (1,3,5) X jump off the chair 1 down 2, land knees together head down and hand by your knees. Sunshine right arm across body to a low V left arm comes to on top of looking to the right lower corner 7-8
- 8 3 groups (1,3,5) drag with left foot towards the back left corner arm in a L with left up 1-2 walk behind the chair 3-4 hold for other groups.
- 8 every other line in opposition diagonals. Ball change right with right arm in a high V diagonal looking at hand 1-4. Ball change left with left arm in a low V 5-6, pick up chair 7-8
- 8 walk to one line 1-6 place chair down 7 slides back with left foot 8
- 8 ripple grabbing top of the chair in arabesque turning to the back into the windows of the chair then sitting into left hip arms in touchdown 1-8
- 8 ripple sunshine arms stepping back onto right foot arm come to hips 1-8
- 8 2 groups (1,5) chase right through the chairs 1-2 leaping 3-4 landing in to a tuck and holding for second group 5-8
- 8 2 groups (1,3) stepping up left right left right with sunshine arms and head release landing back into a tuck 1-2 or 3-4. Sit back and roll into j jump 5-6 land 7-8
- 8 stepping up with left foot arms open to a T 1 pivot turn over left shoulder arms drop 2 chase left 3-4 drag with arms in touchdown 5-6 turn to front 7-8
- 8 sit into chair 1-2 point right foot out left hand comes to hat right hand on hip 3 switch 4 fan arms from the right side closing arms and legs to left side 5-6 open right arm to a high V front 7 close 8.
- 8 3 groups (1,3,5) stand front in high V 1-2 step onto chair with right foot 3 pose left leg while on the chair arms in L 4 chane front 5-6 tuck on 7-8. Hold 1-4 waiting for remaining groups. All group go into rock star pose (second position right arm up in jazz hand) 5-6 step with right foot front 7 pivot to the back 8
- 8 walk to chair 1-2 pick up chair on 3-4. 4-count break
- 8 3 groups (1,3,5) turn to front on counts walking to new formation 1-6 set chair down 7 up 8
- 8 chase right arms in T 1-2 ball change left foot back arms break with left going up and right by side 3-4 step left towards chair 5 right foot goes up on chair while stepping up onto it with arms in touchdown 6 land down to left side of chair 7-8
- 8 ronde de jame right foot 1-2 shake front with right hand on hand left on hip 3-4 arm go down on chair with feet kicking up 5-6 turn out of it 7-8
- 8 cross arms down 1 drag to left in front of chair 2 walk around chair 3-6 pick up 7-8
- 8 walk to new formation 1-8
- 8 set down chair 1-2 get into ending poses 3-4 hit 5

Bang Bang
Level 3 Novelty

Choreographed by: Kayla Campbell, Adrianna Cortez, Clayton Cross, Donathan Flucas, Erica Sowell

Start off stage.

- 8 Hold 1-4, arms are straight up touchdown jazz hands high feet, run to staged lines 5-7, push down 8
- 8 small kicks side kept below the knee to the right left right right 1-4, repeat left right left left 5-8
- 8 Charleston up or down every other line 1-4, step together 5-6, knees out arms cross then open 7-8 come together and open
- 8 every other line skip or shake down in jazz hand 1-4 switch lines, switch parts 5-6, cross right knee in front switch to left knee while right hand sweeps forehead 7-8
- 8 group 1 pivot with circle W arms 1-2, push turn jazz hands in touchdown 3-4, right jazz hand circles 5 left hand circle 6, shimmy arms to crossed in front of chest 7-8. Group 2 pivot 3-4. Touchdown jazz hands 5-6, pick up on shimmy 7-8
- 8 moving to one line walk right arm out to T 1, left arm 2, touchdown 3-4, ripple from left to right 5-8
- 8 pock 1-2, scoop ball change 3-4, walk forward 3-4 arms up broken in a gun, melt down shocked 5-6 pop up 7-8
- 8 Sassy walk forward right arm comes behind head and frames face 1-4. Right arm circles to W 5 left 6, step out and circle bottom 7, snap right hand up 8
- 8 snaps 1-4, shimmy 5-6, awkward knees in cheerio 7 switch it out 8
- 8 pivot back circling cheerio down 1-2, pose right looking back 3-4, walk to triangle right arm to back 5 left 6, shoulders 7 clean 8
- 8 3 groups turn over right shoulder stepping out left rolling chest to the right 1-2 pop 3-4 (first group) group two start 5-6
- 8 Group 3 on 1-2, throw body down arms in box 5 clean 6, circle right arm around face 7 snap up 8
- 8 3 groups rolling down lay on your back 1-2, dead bug kick up 3-4, roll up 5-6, j jump up to the left 7-8 snaking around over left shoulder 1-2
- 8 ground 2 3-4 finishing on 3-4, group 3 starting on 5-6 finishing on 5-6 all groups waiting after this part should be snapping right arm
- 8 pony 1-6, step out right foot arms start crossed and open to a T broken wrists 7-8
- 8 step back left foot arms come through your body and push by your side 1-4, hip roll 3-4 looking left on 4, ripple 5-7 pop arms by chest 8
- 8 pivot turn to the back 1-2, walk 3-4, jump together arms up in touchdown 5 push to low V 6, knees come in right arms circles around head 7, pop right leg out right hand in gun left hand on hip 8
- 8 flip gun in on 1-2, head nod 3-4, three step turn into center 5-6, cross right leg in front jazz arms 7 cross leg over left bring arms all the way up 8
- 8 shake jazz hands down 1-4, skip 5-6, Charleston 1-4, pointing arms down 5-6 snake arms up 7-8
- 8 2 Groups, group 1 snake body with right arm following 1-2, snap 3-4 run high knees 5-6 turn to face other group 7-8 snap hip rolls 1-4 group 2 starts 5-6. Pointe right foot out facing front right arm to chest 5 left 6 down 7 up 8

- 8 Charleston with high arm right left right right 1-4, shake jazz hand down while walking to one line 5-8
- 8 opposition rolling circle 1-4, fall to the floor in a ripple front to back 5-8, one person stays up and free styles 5-8

Beauty and the Beat
Level 2 Field Military

Choreographed by: Casey Potter, Erica Sowell, Kali Boyd, Monique Jordan

Beginning Position: tuck facing the back in staggers

- 8 hold
- 8 four groups 1/3/5 stage L-R begin every two counts- tendu R foot back, R arm up diagonal 1-2, pivot to front and arms stay same 3-4, arms break to half diagonal kneel on L knee 5, switch L elbow up, R knee kneels 6, sit on heels with head down 7-8
- 8 g2 ends 1-2, g3 ends 3-4, g4 ends 5-6, all look up low V 7, clean arms 8
- 8 odd rows- elbows by side and hands V 1, finish circle 2, rocket 3, clean 4, hands on ground 5, pop on toes 6, roll to stand 7-8
- 8 even rows- hold 1-2, elbows by side and hands V 3, finish circle 4, rocket 5, clean plie 6, roll to stand 7-8
- 8 even/ odd rows opposites- low V 1, break elbows &, high V 2, prayer 3-4, three step turn 5-7, close feet 8
- 8 continue opposition back to original position- jump to seconde arms L 1, break side arm to half T &, T across body 2, slice to plie 3-4, chasse with back leg 5-6, step 7, clean front 8
- 8 broken T 1, rocket down cross at elbows &, low V 2, plie and break elbows 3, clean 4, (odd rows move back/ even move front) step R, L blade to hip, R hand out 5, swipe other side 6, switch 7, switch look L 8
- 8 hands together arms box stage L 1, slice across R diagonal down &, K look front 2, break elbows 3, K 4, snake hands in to clean 5-8
- 8 windshield wipers all levels to low R 1-2, T left 3-4, high R 5-6, circle TD 7, clean arms pop R knee out 8
- 8 odd rows-12/56, even rows-34/78- jump cross R over L low V 1, untwist to back break elbows 2, even rows repeat 3-4, jump cross R over L rocket 5, untwist front hands behind head 6, even rows 7-8
- 8 (odd lines back/ even forward) walk with hands together flexed 1-4, half broken T 5-6, circle at elbows 7, clean 8
- 8 cross R arm low V 1, step together R high V 2, cross L arm low V 3, step together both high V 4, circle arms from shoulders cross in front of face 5, rocket 6, circle to rocket again 7-8
- 8 grande plie in seconde position arms slice to knees 1-4, ripple stage L-R windmill to tuck 5-8
- 8 cont ripple 1-2, roll to stand facing stage R seconde position, R hand at head L at hip 3-8
- 8 continue ripple
- 8 finish ripple 1-4, square body to audience L low V flexed hand 5, swing L arm across body 6, cross R over L 7, clean 8
- 8 transition to files hands clap side of legs 1-8
- 8 ripple front to back, hinge out side leg, arms K flex hands 1-4, small switch hands up and down to the outside, end in big K 5-8

- 8 grand plie with both hands on outside knee 1, hands on inside knee 2, clean into file 3-4, ripple flat back hands to person in front 5-8
- 8 entire file shifts to horizontal (may need to split in half and make 2 new lines depending on numbers) 1-8
- 8 all step out to diagonal seconde- arms T then circle down to prayer 1-4, repeat while every other person steps forward with back foot, others stay the same 5-8
- 8 lines alternating direction- step to outside, inside arm T 1, break elbow box 2, clean 3-4, repeat in opposite direction 5-8
- 8 transition to staggers hands clap side of legs 1-8
- 8 windshield wipers all levels to low R 1-2, T left 3-4, high R 5-6, circle TD 7, clean arms pop R knee out 8
- 8 odd rows-12/56, even rows-34/78- jump cross R over L low V 1, untwist to back break elbows 2, even rows repeat 3-4, jump cross R over L rocket 5, untwist front hands behind head 6, even rows 7-8
- 8 (odd lines back/ even forward) walk with hands together flexed 1-4, half broken T 5-6, circle at elbows 7, clean 8
- 8 cross R arm low V 1, step together R high V 2, cross L arm low V 3, step together both high V 4, circle arms from shoulders cross in front of face 5, rocket 6, circle to rocket again 7-8
- 8 ripple stage L-R arms open knees grande plie 1-4, ripple stage R-L scissor jump back to plie 5-8
- 8 pencil turn to R 1-4, pony to clump, arms windshield wiper at elbows 5-7, hold 8
- 8 step forward R arms box down 1, flip box up 2, clap to L of face 3-4, hands fan face 5-6, cross arms at wrists &, hands on hips look front 7

Beauty and The Beat
Level 4 Pom

Choreographed by: Jesus Acosta, Katie Perdue, Erica Sowell, Eboni Wafer

Beginning Formation- Diamond, starting in a tuck position heads down

- 8 Hold 1-4, everyone rolls up 5-7, pose on 8
- 8 Shift weight 1-3, swing left arm out to low "V" with right leg popped 4, rotate diamond as arms wrap over head 5, pray 6, push out in front 7, clean 8
- 8 Parts(3): A's- (front person) hit low "V" break to high "V" 1-2, bend over in second, 3 hold 4-5 B's- hit high "V" break to low "V" 1-2, swing front arm over to crouch 3, bring arms to "K" 4, back to crouch position, hold 5-6 C's- hit low "V" break to high "V" 1-2, tuck 3, toe touch 4, land 5-6, everyone joins in, arms break into diagonal as left foot crosses behind 7, right arm breaks through to match with left arm, 8
- 8 Booty roll as right arm swings up to diagonal 1-2, box arms and turning over left shoulder 3, prepare 4, triple pirouette 5-7 jump out, right arm punches to low "V" left arm on hip and head goes to right
- 8 Repeat to left side "and" punch left arm down across the body 1 hold 2, arms break through to low "V" with right leg in passe 3, step forward 4, opposition groups: push out rocket r. or l. 5, everyone slice arms to right knee 6, punch left arm out, right arm in bucket 7, jump together as right arm swings around to low "V" and left arm switches to bucket 8
- 8 Form change to lines. Box arms switch from left to right 1-4, push out with arms crossed 5, swing up to cheerio 6, T on 7, clean 8
- 8 Step right as arms swing right low "V", switch to left low "V", back to right low "V" 1 and 2, pas de bouree with "rave" arms 3 and 4, punch right 5, punch left to pockets 6, parts (diagonals) touch down to clean 7, hold 8 or hold 7, touch down to clean 8
- 8 Opposition by lines. Hook right (left) arm as left (right) leg picks up 1, cross left (right) behind "and", step right 2, right (left) dagger 3, switch to left (right) dagger "and", right (left) box 4, left (right) arm swings to dagger 5, swing down 6, tap together 7, booty pop on 8
- 8 Form change: lines 1 and 3 (facing the back) move through lines 2 and 4. Cha cha arms 1, switch "and 2", drop 3, feet jump out 4, diagonal 5, switch 6, kick ball change as arms cross to clean 7 and 8.
- 8 Right candle stick to pocket "and 1", repeat with left "and 2", body roll as arms dagger to break down 3 and 4, move to one line 5-6 arm swings either down or up 7-8 (every other person).
- 8 Parts (2): A's drag back 1,2 chaine 3-4, step 5, step 6, leap 7,8. B's drag back down the diagonal 1-2, roll to floor 3-4, stand 5-6, prepare 7-8
- 8 Moving down the diagonal, A's chaine 1-2 step battement 3-4, hold 5-8. B's chaine down the diagonal 1-2, turning jete 3-4, land 5-8.
- 8 Transition in a circle, step "T" 1, cross to "L" 2, chaine broken T 3-4, right touchdown 5, drag with head back 6, break to clean 7,8.
- 8 Moving to lines, swirl arms to right over head 1-4, shake poms at chest 5-8.
- 16 Parts (3) from left to right: Group 1 starts on "1", group 2 starts on "3", group 3 start on "5". **Group 1:** Kick and cross 1-2, r. bow and arrow 3, switch 4, broken "T" to back

5, High V to front 6, melt to low "V" 7-8. Hold 1-4. **Group 2:** Hold 1-2, Kick and cross 3-4, r. bow and arrow 5, switch 6, broken "T" to back 7, High V to front 8, melt to low "V" 1-2. Hold 3-4. **Group 3:** Hold 1-4, Kick and cross 5-6, r. bow and arrow 7, switch 8, broken "T" to back 1, High V to front 2, melt to low "V" 3-4, **everyone** snake rolls to right 5-7, pop right leg on 8.

- 8 Step right 1, jump together with right broken "T" 2, step left 3 jump together with rocket arms 4, robot arms 5 and 6, step together 7 clean 8
- 8 Scoop arms and right leg 1-2, to wrap arms around body 3-4, swirl arms ripple from right to left, stepping out with left leg 5-8.
- 8 Snake roll to right 1-3, pop on 4, hook right arm "5 and", right High "V" 7, right arm pushes out 7,8
- 8 Parts (2): A's pivot on right foot 1,2, walk to back 3-4 , grab partner's hand 5-6, step right 7, jump over partner's back with left arm up 8. B's walk towards partner 1-4, grab partner's hand and step left 5, right tilt 6, tuck 7-8.
- 8 Transition to beginning diamond. Neutral arms 1-2, throw right arm 3-4, move to diamond, arms fan 5-8.
- 8 Pray 1-2, everyone tucks 3-4 as back person jumps and roll over person in front, pose 5-7, neutral on 8
- 8 Hit ending pose on 1.

Blow The System
Level 3-4 Pom

Choreographed by: Adrianna Cortez, Clayton Cross, Magaly Guerra, Erica Sowell, Breanne Wilson

- 8 Hold 1-4, tummy 5, swipe 6, side 7, pump and 8
- 8 Parts 1 or 3 or 5, (group 1) cover face 1, side k arms 2 hold 3-4-5-6 pump and -7, k arms to left 8
- 8 Ball change 1-2 check marks 3-4 cross 5 open 6 daggers clean 8
- 8 Swivel 1-2 head 3 box 4 pump and 5 switch 6 elbows 7 dig hips 8
- 8 (groups go 1 or 3) kick ball change 1-2 chaine turn 3-4 rocket 5 down 6 hold 7-8
- 8 Step out flat back 1-2-3 punch down 4 drag 5 cross back 6 punch cross 7 hit 8
- 8 Ball change change 1-2 Cheerio turn 3-4 tuck 5 hold 6 out to r 7 switch 8
- 8 Punch 1 T 2 break 3 down 4 tuck in parts 5-6-7 break high V 8
- 8 Roll 1-2 stand 3-4 step 5-6 x jump 7 cross land 8
- 8 Punch walk 1-4 cross wrists 5 switch 6 twirl 7 down 8
- 8 T arms 1 Cheerio 2 forward L 3 soutenu 4-5-6-7 close box 8
- 8 (parts pick up 1-3 or 5) double punch down 1-2 up 3-4 pivot turn 5-6 step dig 7-8
- 8 Chasse 1-3 throw 3 drag 4 cross 5 open 6 hip roll L 7-8 hold to catch up
- 8 Cont 1-6 flick 7 chasse 8&1
- 8 Step 2 R jete front 3 land 4 jump out in 3 groups on 5,6,7 jump together snap 8
- 8 Form change to diagonal 3 step turns: LRLR Cheerio arms 1-4 RLR T arms 5-7 clean
- 8 (groups 1,3,5) step L 1 battlement 2 releve step 3 arch 4 tuck press 5 cont 6-8
- 8 Roll 1-4 shoot out X 5 6 head roll 7 tuck in 8
- 8 Kick R leg 12 in 3 knees punch arm 4 ripple roll to stand 5-8
- 8 Transition to triangle shaking poms walking 1-4 jump out 5 box arms 6 chug R 7, 8
- 8 (2 groups) throw R,L pull to flat back 1&2 second group 3&4 hip hit 5,6 plié 7 sauté 8
- 8 Land 1 step 2 passé & ball change 3,4 hit pose 5,6,7 drag 8
- 8 Walk 1,2 snap front 3 step 4 cont to turn poms to chest walk to straight line 5-8
- 8 (2 parts in opposition 1-4 & 5-8) L 1 R punch up 2 pull box front hips roll 3,4 shimmy shake 5 down 6 snake up 7 punch front 8
- 4 Cross unwind R ripple down line melt to ending pose

Blue Ocean Floor
Level 4-5 Officer Contemporary
Choreographed by: Clayton Cross

Begin in diagonal lines in far upstage corner in staggers

- 8 (floor part) swipe open head leads 1-4, reach and 5, belly 6-7-8,
(standing part) swipe open body roll 1-4, step reach 5, over left shoulder releve
contract roll down 5-8
- 8 (floor part) reach and 1, roll over swipe 2-3-4, touch heart 5, reverse fist 6-7-8
(Standing part) roll to stand 1-2-3-4, arms with walk 5-6, heart and pop 7 and 8 and
- 8 All together drop r arm 1-2, flex press, 3-4, crab corner releve' 5-6 ballet arms and 7
open 8
- 8 Double arm circle push down and 1-2, roll up 3-4, arabesque 5-6 swipe turn or
change lines 7-8
- 8 Point to corners 1-2, scream turn 3, plié prep 4, double turn 5-6, pop x jump push
thru 7, step 8
- 8 Reach unwind 1-2, heel jump 3, unwind over left shoulder 4, reach to corner L and R
5, drop 6, L arm spirals up 7, grab fist plié pull to back prep 7-8
- 8 Reverse crazy arm attitude turn to back 1-2, fall 3-4, Heart grab spiral 5-6, L arm
and leg pop 7, lunge behind prep 8
- 8 X jump around back 1-2, prep 3, flex turn in fourth position with spiral flex R hand 4,
pop r hand front 5, change lines, back line moves front, front line steps back 6 reach
arms out 7 face back punch arms down r then L and 8
- 8 Press (eyes) hands to front 1, prep 2, flex turn 3-4, step left brush hair left 5-6,
reach front 7, tuck and, swipe L side 8
- 8 Flex egg hands pop 1, step L foot back with port due bras reach front 2- and-3 step
together 4 reach jazz hand to L corner L, then R and-5, chug 6, unwind walk walk
walk on 7-and -8 to back L corner
- 8 L arm swipes with r heel flex pops 1, swip face reach plié down 2-and-3, fan r leg
across facing back holding ears 4, plié leg reaches to front 5, plié hand on right
pocket 6, push and step to left cover mouth 7, step together L hand to stomach 8
- 8 Front line opens to front 1, walks back thru 2nd line to face back 2-3-4, back line
opens to r corner suspends with lunge 1-2, flex spiral with v arms 3, facing back 4
(lines have changed), walk L grab 5, Broken t 6, L hand to ear-and-, pelvis and arm
pop focus down 7, step back 8
- 8 Soutenu to front 1, drop punch 2, Heart -and-, pop 3, push ceiling plié 4, punch arms
knees straighten 5-6, drop roll 7, arms 8
- 8 Roll 1-2, get up -and-3, snake 4, prep 5, turn 6-7, stop press 8
- 8 Face back 1-2, reach L 3, reach R 4, arabesque reach 5-6, run 7-and flip 8
- 8 Face corner press 1-2, melt to floor 3-4, brush sand to lay down 5-8
- 8 Press knee 1-2, mermaid 3-4, swirl to roll around to lay down with relaxed feet

Bombshell Bomb
Level 3 Kick

Choreographed by: Magaly Guerra, Monique Jordan, Katy Perdu, McKenzie Robinson,
Breanne Wilson

- 1,2 – *start in staggered lines* hold, hands crossed behind head, R foot pointed out
8 – hold 1-4, back line shoot arms up to low V 5-6, R leg to passé around to front hands behind head 7-8
8- front line repeats 1-4, walk L foot hands on hips 5-6, plié step L crossed arms 7, kick L leg out arms in L 8
8 – step L 1, turn around R shoulder passé R arms up 2, step R 3, drag R across throw arms forward 4, step R 5, turn over L shoulder flick L leg snap right hand 6, walk to one line 7-8
8 – walk 1-4, circle R arm hook up 5-6, dig L look R 7, close 8
8 – Ripple from R to L swivel passé R step to back L corner 1-8
8- Ripple from L to R inside R fan to point 1-7, close together 8
8 – Exercise kick R 1-4, exercise kick L 5-8
8 – 3 straight kicks R, L, R 5-6, head pop jump 7-8
8 – R kick to cross corner 1-2, R straight 3-4, R kick to outside corner 5-6, passé R 7, extend kick 8
8 - Repeat to the L 1-8
8 – R fan kick 1-2, chasse R 3-4, ball change back LR 5-6, close 7, *****
8 – 3 close arms 1-2, step turn to 2 lines 3-6, first line throw R arm ball change to back 7-8,
8- back line 1-2, hold 3-4, ball change R push arms down 5-6, chasse R 7-8
8 - step R leap to ground 1-2; 2nd group starts 7-8, 3rd group starts 1-2, 4th group starts 3-4
8 – ripple from R to L roll to back with R leg extended 1-8
8 – continue ripple 1-4, condense in two lines walking 5-6, wrap R arm around head 7, hook up 8
8 – front line 3 L kicks to corner, back line 3 R kicks to corner 1-6, hold 7-8
8 – repeat, switch directions 1-6, hold 7-8
8 – front line chasse L 1-2, step passé L 3-4, step flick R 5-6, step R 7, close 8; back line in opposition starting R
8 – repeat, switch directions 1-8
8 – throw R point L 1-2, transition to diamond right arm up 3-4, switch to L 5-6, arms crossed on head 7-8
8 – wrap around head 1-2, throw arms forward 3, clean 4, first group (outside V) ball change R 5-6, prep 7-8; second group (inside V) ball change 7-8
8- double pirouette 1-2, step out R push arms down 3-4, hands on ground wide second 5-6, second group finishes 7-8
8 – outside V down to L knee 1-2, inside V to standing hands on hips 3-4, flip hair with R hand 5-6, cross arms in front 7, circle arms 8, pose back 1

Breaking The Law
Level 3-4 Lyrical

Choreographed by: Clayton Cross, Annie Forman, Caitlin Poulton

- 8 Drop 1-2 roll up 3-4 mouth 5-6 grab pop 7 suspend 8
- 8 Circle drop 1-2 press flex 3-4 hips though 5 elbow 6 walk 7-8
- 8 Fists and 1 squeeze 2 plié 3-4 head roll 5-6 shake separate turn 7-8
- 8 Come towards partner 1-4 grab hug 5-6 unwind back to lines 7-8
- 8 Flex press 1-2-3 temps de flèche 5 6 step around to spacing 7-8
- 8 Grab fists and 1 -2 slice open 3-4 arm swing 5 grab 6 punch through change lines 7-8
- 8 Battement 1-2 turn around 3-4 plié chug 5-6 scoop heart 7-8
- 8 Press flex 1-2 face partner 3-4 leap or drop 5-6 lunge or turn 7-8
- 8 Tilt battement unwind in parts either 1-5 unwind or roll 5-8
- 8 Run to diagonals then 1-5 hit grab fists on 6 or 7 or 8
- 8 All look to diagonal clean 1-2 drop swing r arm 3-4 port de bras 5-6 face back 7-8
(soloist, or walking forward) throw or ward any turn then hit front 1-8
- 8 Soloist melts to corner 1-6 all together l arm swipe 7-8
(parts go 1-3-5) chin 1 ceiling roll 2 walk back 3-4 elbow turn 5-8
- 8 Run 1 reverse leap 2 land lunge 3-4, reach 5 soften 6-7-8 waiting for groups
- 8 Last group 1 soften 2-3-4 all plank head roll 5-6 r legs shoots through 7-8
- 8 Spin on bottom 1-2 reach 3-4 arms lift 5-6 roll on tummy 7-8
- 8 Stand 1-2 elbow jump 3-4 unwind 5-6 reverse attitude 7-8
- 8 Run around partner 1-4 grab fists and 5 melt 7-8
- 8 Touch partners arm and react 1-2 melt to floor or reach to ceiling

Bring it Back [The Beat]
Level 1-2 Military

Choreographed by: Annie Forman, Allie Hudak, Lyndsay Renger, McKenzie Robinson

- 8 – hold (1-4) Back Line Hi V (5-6) middle line T (7-8)
- 8 – Front point low V (1-2) pray (3) hold (4) rocket front (5) T (6) broken T (7) T (8)
- 8 – Cannon SL to SR 1,3,5: Arrow L (1-2) rocket (3) arrow R (4) finish groups (5-8)
- 8 – T (1-2) circle close (3-4) tuck (5-6) stand (7) head (8)
- 8 – Walking to two lines low check mark (1-2) circle to switch (3-4) walk (5-6) circle to close, close head (7-8)
- 8 – Groups from SR to SL 1,3,5 K to the R (1-2) grande plie (3-4) K L (5-6) bug (7-8)
- 8 – Finish groups (1-4) roll to stand (5-8)
- 8 – Prep for pirouette (1-4) pirouette (5-6) rocket swing (7-8)
- 8 – Ripple to tuck (1-8)
- 8 – Popcorn ripple (1-8)
- 8 – Jump out to second (1-2) flat back (3) stand (4) step touch R diagonal arm (5-6) step touch swing down (7-8)
- 8 – Walking to columns (1-2) rocket (3) switch arms (4) R diagonal (5) hold (6) pray (7) rocket (8)
- 8 – Ripple to tuck (1-8)
- 8 – Ripple to K away from center (1-6) pray (7) hold (8)
- 8 – Parts 1,3,5 SL to SR: Stepping alternating ways Hi V (1-2) swing to V (3-4) finish groups (5-8)
- 8 – pray (1-2) opposing Vs (3) switch (4) slice to opposing diagonals (5) pray (6) switch diagonals (7) flat rocket (8)
- 8 – Caterpillar ripple (1-8)
- 8 – Walking through column to two lines pray (1-2) front rocket (3-4) open (5) close (6) pray (7) clean (8)
- 8 – Step alternating ways broken T (1-2) low rocket, crossing foot in front (3) swing to high rocket stepping out (4) flexed T (5-6) look front un-flex (7) back (8)
- 8 – Three step turn to dig (1-5) hold (6) circle arm behind the back (7-8)
- 8 – candle sticks (1) lunge or close (2) opposing diagonal (3) hold (4) opposing v's (5) switch diagonal (6) half diagonal (7) replace (8)
- 8 – clean (1-2) walk to straight line (3-8)
- 6 – Ripple to alternating poses (1-6)

Bubblegum Boy
Level 2 Hip Hop

Choreographed by: Jessie Heck, Kacey Lee, Lyndsay Renger, Erica Sowell, Rosie Torres,
Michaela Vermeulen

- 8 Hold 1-7, look 8
- 8 switch positions and melt 1-7, pop 8
- 8 scoop out 1-2, roll up 3-4, move to two lines 5-8
- 8 side box throw to broken T 1-2, pull 3, throw 4, scuff out 5-6, head roll 7, booty pop 8 (front line to R, back line to L)
- 8 step 1-2, running man 3-4, turn 5-6, drop 7, pop 8
- 8 jump out to plié and circle around 1-2, box 3, all together & R arm up 4, "groove" 5-8
- 8 (parts 1,3,5) R arm throws 1-2, sit 3, kick 4, cross 5, down 6, snap 7, jump out 1-2, snake 3-4
- 8 finish parts 5-8
- 8 step clap 1-2, step and cross arms 3-4, "party" to triangle 5-8
- 8 "washing machine" 1-4, head roll to front 5-6, shimmy 7-8
- 8 (parts 1,3,5) R knee plié together 1-4, finish parts 5-8
- 8 three step turn 1-2, head roll 3, "whats up" 5-8 (inside triangle up first)
- 8 circle 1, box 2, jump to side 3-4, spread out 5-8
- 8 ripple to pose 1-6, shake 7-8
- 8 (box transition) out and cross 1-2, snake one arm 3-4, "swirly hands" 5-6, broken T to Indian 7-8
- 8 (opposition part) head roll 1, booty pop 2, head roll 3, box arms 4, repeat 5-6, jump to back 7, out 8
- 8 shoulders 1-4, look with shoulders 5-8
- 8 "pump up to crowd" 1-4, slide 5-8
- 8 "washing machine" 1-4, snake to front 5-6, melt 7-8

Bulletproof vs. Release Me
Level 4-5 Kick

Choreographed by: Lindsay Early, Sydne Miller, McKenzie Robinson, Michaela Vermeulen

- 8 (three triangles: outsides forward)** Outside groups** hold in dig 1, groups elbow pull(2,3,4), circle around 56, press down 7, tuck **Inside groups**hold 1, groups elbow pull (2,3,4), circle around 56, ball change press 78
- 8 **Outside groups** Prep 1, Kick 34, roll to back and stand 5678
- 8 **Inside groups** chaine' 12, low chaine' 34, turning disc 56, roll to stand 78
- 8 Walk to one line hook up 78
- 8 cross R 12, cross L 34, plie' 5, hop &, plie' 6, twist jump &, plie' &, coupe' 8
- 8 pas de burre'- 12, fan 3, lunge 4, head down 56, snake up 7, close 8
- 8 swing R 1, passe' 2, step and clean 34, ripple R arm hook up 5678
- 8 prep 1, kick R to left 2, prep 3, kick R to front 4, prep 5, kick L 6, prep 7, kick R to right 8
- 8 L low 1, switch 2, prep 3, kick 4, R low 5, switch 6, prep 7, kick 8
- 8 chasse' R 12, step L, 3 kick R4, cross, 5 step, back 6, close to back 7, chasse' 8
- 8 chasse' 1, step L 2, R kick 3, step 4, L passe' 5, step L 6, R developpe' head tilt 7, close 8
- 8 L fans 1, R kick 34, L kick 56, R fan 78
- 8 Straight kicks starting with R 1-8
- 8 step L 1, chasse' 23, hitch kick 4, step 5, hold 6, knees 78
- 8 Graduated kicks 1-8
- 8 cross with chest pops R 12, L 34, kick to corner R 56, L 78
- 8 close 1, slow tuck 23, booty up 4, split lines with hand flicks 56, hook up 78
- 8 Two R kicks 1234, Two L kicks 5678
- 8 Alternating fans R,L,R,L 1-8
- 8 Straights 1-8
- 8 R point low 12, R kick 34, L point low 56, L kick 78
- 8 Envelope kicks to left starting with L 1-8
- 8 **Groups ** Kick to corner R12, clean 3, split 4, hold 5678
- 8 Kick to R corner roll up ripple 1-8
- 8 con't ripple 1-2, back leg around to front hook up 34, R kick 56, prep 7, jump split 8
- 1 Split

Cage
Level 4 Officer Jazz
Choreographed by: Erica Sowell

- 8 (start in clump all connected in someway but looking away from audience) snake up
look front 1-3 pop on 4 walk front spread out staggered lines 5,6 arms cross front 7
throw back 8
- 8 touch turn 1 out 2 reach reach 3& flat back 4 snake up 5 prep 6 double coupe turn
7 8
- 8 extend R leg fan hold 1-3 (front line) down to tuck 4 R leg up 5-7 leg down tuck 8
(back line) land 4 walk front to partner 5 6 grab leg squat down 7 up 8
- 8 (front line) pop open knee 1 in 2 snake up 3 4 (back line) face side 12 snake up 3 4
walk around your partner switch lines 5,6,7 snap on 8
- 8 Run back RL 1,2 reverse jete 3 4 (back line) land 5 lay all the way on back 6 C-curve
left 7 8 (front line) step R 5 prep L 6 leg hold turn 7 8
- 8 (front line) step R 1 flick scoot 2 step R 3 pivot turn L 4,5 step L 6 snake 7 8
(back line) upward facing crab position 1 thrust pelvis 2 down 3 spiral step step L
arm up 4,5,6 snake 7 8
- 8 (transition triangle) walk shaking R hand "no" 1-4 step out R hand reach 5 LR reach
& 6 swipe floor 7 dig side look back 8
- 8 hip circle look front 1-4 kick ballchange 5&6 chaine 7 8
- 8 jete R leg bent back leg straight 12 roll to floor 3 4 stand up 5 6 chasse side L 7&8
- 8 cross dig 1 pop open 2 creature pose 3 4 look front 5 6 pop 7 pop 8
- 8 shimmy shake jump 1 down 2 walk hands out 3&4 tuck in 5 6 arch up 7 8
- 8 (transition to staggered lines) walk 1,2 saut de basque 3 4 reach 5 drag 6 walk 7 8
- 8 (groups 1,3,5) grab R ankle double turn 1,2 extend R leg out 3 4 roll to floor 5,6 hold
7 8
- 8 groups cont 1-4 high knees arms reach out T 5 tuck 6 jump out 7 stand up 8
- 8 transition to cage all people connecting in circle 1 person in the middle(aka cage
dancer) 1-8
- 8 cage dancer in the middle freestyles 1-4 push out escape cage 5 6 cage people
breathe up down 7,8
- 4 everyone runs out to staggered lines 1-4
- 8 T jump up 1 down 2 cage dancer does trick 3 4 everyone snakes R 5 6 R arm circles
face 7 8
- 8 (groups 1,3,5,) Drag R 12 flick kick 3 4 triplet 5&6 battement 7 land 8
- 8 cont. 1-4 (reverse groups 5,7,1) group 1 step R 5 step L 6 pique pitch tilt 7,8 roll 12
hit lunge side 3 4 group 2 chaine 7 8
- 8 stag leap 12 roll to floor 3 4 hit lunge side 5 6 group 3 chaine 12 inside fan leap 3 4
roll 5 6 hit lunge side 7 8
- 8 inside inverted attitude turn 1-3 lunge front 4 reach L arm 5 snake side 6 7 dig 8
- 8 3 step turn to straight line across 1-3 jump out front 4 lean side 5,6 back front 7 pull
down 8
- 8 transition to start making cage as cage dancer runs front and one person goes to
grab dancer and lift them to the back to place in cage 1-8
- 8 cage dancer goes crazy freestyle in cage 1-6 then melts down to floor 7 8

Can't Hold Us
Level 3 Officer Hip Hop
Choreographed by: Jesus Acosta

Start in windows formation with feet in 2nd position and grabbing pants looking down

- 8 A's Hold 1-2, look up 3, hold 4, grab front shoulders 5-6, jump through to front w/ feet in 2nd 7-8
- B's Hold 1-4, look up 5, hold 6-8
- 8 A's Arms up 1-2, genie 3-4, walk front w/ arms growing 5-8
- B's Dive roll through 1-4, walk back w/ arms 5-8
- 8 R foot scuffs 1-2, R arm punches 3-4, chest isolations 5-8 (R and L sides are in opposition w/ middle solo)
- 8 Sides floor run 1-4, slide to stand 5-8, (Soloist poses 2 and 4, then claws 5-8)
- 8 Pony w/ R arm lasso 1-3, punch R arm 4, L 3-step turn 5-7 (switching lines) , tap R foot on 8
- 8 Knee break 1, point R and L foot back 2, clip turn with points 3, point bottom L corner 4, broken T 5, punch 6, jazz hands 7, fists 8
(Front line rolls knees L and jazz hands on 7-8)
- 8 2 R circles with arms 1-4, R rond de jambe 5-6, L foot steps 7, claws to face L 8
(Back line is opposite)
- 8 Arms sweep under to face R 1-4, Arms sweep back 5-6, L arm up 7, hold 8 (Back Line is opposite)
- 8 Inverted pike 1-4, feet go over 5-6, stand up 7-8 (Base holds 1-6, turns L to face front 7-8
(Facing different directions) R elbow 1-2, 3-step turn over R shoulder 3-4, skiing 5-8
- 8 Heel click 1, groove 2-4, front line pose 5-6, back line pose 7-8
- 8 Dance party 1-4, punches starting with L arm 5-8
- 8 Hollywood on 1-2, head nod R and L 3-4, R sink 5-8
- 8 Groovy walk R then L 1-4, R 3-step turn to 1 line 5-8
- 8 Ripple R to L w/ pointing L arms 1-6 (last person does an inversion on 6-8)
- 8 Turn over L shoulder to come into triangle formation 1-4, R arm to mouth 5-6, extend front 7-8
- 8 Front person goes back 1-4, bounces back 5-6, upper body over 7-8
- 8 Back row pops up to Hollywood 1-2, 2nd line pops 3-4, pony w/ airplane arms to L 5-8
- 8 R rond de jambe to face R 1-2, kick L leg 3-4, R arm 5-6, skip back 7-8
- 8 Skip back 1-2, "say what" 3-4, R soutenu 5-8
- 8 Hollywood 1-2, drop 3-4, Raise the roof 5-8
- 8 A's Lean left with "X" arm 1-2, Open chest to roof 3-4, Lean forward 5-6, lower L corner 7-8
(B's pose 3-8, C's pose 5-8)
- 8 Pony 1-4, walks 5-8 (Transitioning to 2 lines)
- 8 A's kick L foot 1-2, R lunge 3-4, floor slide w/ R arm 5-8
- 8 B's finish 1-2, C's finish 3-4, Everybody snakes up 5-8
- 8 Clap it out to a line 1-6, sink down 7-8

Caught in the Storm
Level 4-5 Officer Lyrical
Choreographed by: Regan Jackson Jurick

8 ripple roll to stand 1-8
8 run 1-2 flex 3-4 envelope' grande plié' 5 stand 6 foot 7 reach 8
8 slide to floor and get up on your own counts 1-8
8 chaine fan to reverse developpe' 1-8
8 first position coupe' out 1-2 step ball change 3-4 run to lift 5-8
8 recover and reach lunge 1-4 lift change places 5-8
8 run to hands line 1-8
8 tangled section 1-4 burst and spread out 5-8
8 step 1 reach 2 ball change 3-4 prep 5 turn and 6 reach 7 pull and 8
8 rond de jambe 1-2 shoulder roll 3-4 plié 5 developpe' 6 soutenu 7 prep 8
8 triple jazz pirouette 1-3 chaine fan 4 chaine 5-6 reach 7-8
8 sauté 1 land 2 jump second 3 reach up and 4 coupe battlement 5-6 soutenu 7 grab 8
8 reach extension 1-4 drop roll 5-7 mermaid on 8
8 mermaid on floor 1-4 burst sitting reach to lay down 5-8
8 stag roll 1-4 stand 5 grab 6 chase 7-8
8 step 1 leap 2 turn out of it prep 3 double turn and 4 x jump around in groups 5-8
8 improv 8 change forms 1-8
8 gesture phrase 1-5 tons de flèche 6 walk 7-8
8 fan lift 1-4 run to circle storm 5-8
8 continue circle storm swirling to soloist reach end pose 1-8

Closer
Level 2 Officer Jazz
Choreographed by: Yoshio Pineda

- 8 Hold (1-2) two solo girls: snake head look up (3-4) one and half Rond de Jambe (5-6) press both arms towards ext soloist (7-8)
- 8 Soloist in center of form: step L front, hands over eyes (1-2) close feet together, curl hands, release head up(3-4) everyone closes to join back group(5-8)
- 8 3groups coming front to back every two counts: two steps walking back LR (1-2) flick R, step forward (3,4) passé R (5) chasse side RLR, R arm slice across L in pocket (6&7) swivel feet together, R hand across face (8)
- 8 Arms pull to fist, head snakes forward (1-2) roll to stand back, R foot digs, L on hip(3-8)
- 8 Walking front over R shoulder R, arms open to second (1-2) Step L, arms reach under and up to curl hands (3-4) fast walks going back R L(5,6) ball change R L, arms press down through the body head release (7-8)
- 8 Fast rond de jambe L, R (1,2) ball change into "fancy " pirouette prep (3-4) pencil turn, R arm lassos to first in plié (5-6) echappe, fist to hips (7) hold (8)
- 8 Ball change to change directions (&1) run stage right R L(2,3) small jete in second (4) land L behind (5) unwind (6) step R to side (7) flick L, R leg "flamingo" pose (8)
- 8 Two steps R L(1-2) replace L with R , dégagé suspend L, arms in L-shape(3-4) walk back L R L (5,6,7) piqué unto the L, R leg crosses front knee to knee, L hand on hip R across face "physical"(8)
- 8 Moving to staggered lines: step and dig R L, right arm across face (1-2) reverse (3-4) cha cha R&close arms swing down&snap (5&6) reverse (7&8)
- 8 (Partner section)front line: step L toward back partner(1-2) shift back (3-4) three step turn left L R L (5,6,7) release head as partner grabs hand (8)
Back line: step L and shift back (1-2) shift front towards front partner(3-4) pas de bourre turn to single line L R L (5,6,7) grab partners hand (8)
- 8 (continue in two groups to switch lines) front line: L passé, arms go up (1-2) step L R to become back line(3,4) LR ball change in tondu (&5) hold(6) snake down (7-8)
back line: drag R(1-2) LR ball change in tondu (&3) hold(4) snake down (5-6) hold (7-8)
- 8 Two groups, back line front line, every two counts: snake to bevel, hands on hips (1-2) step back R L with R arm flicking up (3,4) layout right, arm circles (5-6) ball change(7,8)
- 8 Drag L, arms in L-shape (1-2) ball change RL (3,4) kick ball change to face back(5&6) second group finish (7&8)
- 8 Contagion: L to R pencil turn to finish back(1-8)
- 8 Chaine front arms down (1-2) chasse (3-4)R grand jete (5-6) land in half tuck(7-8)
- 8 R kick on the floor(1-2) sit up (3-4) lunge to stand, arms reach front and back(5-7) hook L leg, "physical" arm (8)
- 8 Three step turn back(1-4) pony stepRLRL(5-8)
- 8 Open to second, shoulder roll R to L, hands to hips (1-4) reach and pull(5-8)
- 8 Walking frontR! Reach R arm(1) tap shoulder, step L(2) preparing side for turn, arm

- circles over the head(3-4) second group catches up (5-6) inside turn (7-8)
- 8 Land R leg out (1-2) second group lands(3-4) arms up and shift L R (5-8)
- 8 Chug L to R, point R hand across(1-3) step L, right hand comes to fist (4) pull back on R, arms cross(5-6) sit back on R hip, arms to low V (7-8)
- 8 Two groups: melt forward (1-2) arch high release (3-4) tuck and roll back(5-8)
- 8 Second group repeats
- 8 One line comes forward repeating beginning arms(1-4) second line closes line together and repeats movement (5-8)
- 1 Tear through arms back, bevel R, flat back (1)

Come On Somebody
Level 3 Officer Hip Hop

Tuck to left diagonal with arms on knees.

Hold vocals, lift left hand to ear on "hear" scoop and contract to standing

- 8 Various poses "hey" 1-2 turn over left shoulder to levels 3-4 nod 5-6 turn back over right shoulder 7-8
- 8 Various poses "hey" 1 tuck to left diagonal 2 lift hips up 3 down 4, front line lift hips up 5 down 6, back line turn over left should 5 flat back 6, front line turn over left shoulder 7 flat back 8, back line stand 7 flat back 8
- 8 Three groups: group one right freestyle 1-4 group two left freestyle 5-8
- 8 Group three center slow freestyle 1-4 everyone lean right count "1" 5, lean left count "2" 6, walk front right left swing arms 7-8
- 8 Party to switch lines in two levels 1-2, 3-4, hips 5-6, walking guns down to move windows 7-8
- 8 Party to switch line in two levels 1-2, 3-4, swipe it, grab it, pull it 5 & 6, step right 7 snap up 8
- 8 Three groups: Group one knee down 1, spin 2, step 3, pose 4, Group two hold 1-2, knee down 3, spin 4, step 5, pose 6, Group three hold 1-4 knee down 5, spin 6, step 7, pose 8
- 8 Shake 1-3 turn over left shoulder 4 walk back right, right arm 5 left, left arm 6 quick quick transition back to beginning windows 7&8
- 8 Front line: swing left arm right 1, snap 2, step right 3 contract 4, flat back 5 hair 6, Hood up 7&8, back line hold
- 8 Back line: swing left arm right 1, snap 2, step right 3 contract 4, flat back 5 hair 6, Hood up 7&8, front line hold
- 8 Quick legs right 1, left &, lift right 2, down &, swirl finger 3&, head nod 4& dip transition to triangle left 5-6 right 7-8
- 8 Clean 1-2 matrix 3-4 chest roll 5-6 super girl 7-8
BREAK: transition to back windows, drums
- 8 Grove right 1-2 left 3-4 pose 5 pose 6 three step turn over left shoulder front line end to back, back line end to front 7&8
- 8 Grove right 1-2 left 3-4 high five 5 throw 6 back line forward roll, front line walk to back 7-8
- 8 Clap transition to triangle 1-4 hips claps 5-8
- 8 Partnering flip 1-8
- 8 Broadway out 1 in 2 down 3 head up 4 pull back lasso 5-6 swing down 7 snap right 8
- 8 Cross right to left 1 open 2 flat back 3 snake up 4 grove 5-6 freestyle 7-8
- 8 In Out &1&2 jump &3 nails &4 twist &5&6&7&8
- 8 Circle transition to ending triangle 1-7 safe arms &8
- 8 Throw arms up down &1 body roll 2-3 breath 4-5 head to back 6-7 hold 8 (no music after 1)

Crave You
Level 5 Kick

Choreographed by: Sydney Miller, Mackenzie Robinson, Breanne Wilson, Lindsey Early,
Julie Rowley and Kali Boyd

Beginning formation: one line; dancers facing back, feet together

- 8 Step R, L 1-2 brush tilt kick and hook up 3-4 R, L straight kicks 5-8
- 8 R, L straight kicks 1-4 X jump to coupe 5 & 6 grapevine to L 7-1
- 8 Penche 2 step L 3 R fan 4 catch step R 5 feet together releve, parallel 6 step R 7 arabesque L 8
- 8 R reverse "stars" 1-6 twist hips R-L 7-8
- 8 L reverse "stars" 1-6 twist hips L-R 7-8
- 8 Ballchange back 1-2 step R L 3-4 Grande jete to front 5-6 grande jete to L diagonal, land in tuck 7-8
- 8 (parts; every other 1 and 3) jump to plank, roll head R-L 1-2 or 3-4 roll to back to stand 3-6 or 5-8
- 8 (cont. parts) Step R; catch step to turn front and flick R, arms in TD 7-8 or 1-2 moving to two lines 3-8
- 8 Arms cross in front of face and up and over head to hook up 1-2 step back R, pop L 3 again on L 4 hips & 5 ball change R to back, head release 6-7 close 8
- 8 Double R kicks 1-4 L corner 5-6 R corner 7-8
- 8 L corner 1-2 R fan 3-4 chasse R 5-6 twisty hips 7&8
- 8 Grapevine to L 1-4 brush kick L 5 brush kick R 6 developpe L 8
- 8 (parts 1, 3, 5; every line) step fan 1-2 or 3-4 or 5-6 flat back over R leg to L 3-5 or 5-7 or 7-1
- 16 Fan R 6 or 8 or 2 slide R to side lunge facing back R diagonal; roll to connect knees; continue rolling to stand up facing L 7-4 or 1-6 or 3-8
- 8 Step R, L tour split 5-8 or 7-2 or 1-4 everyone rolls to back to stand up 5-8
- 8 Drag to front L arms 1-2 prep for triple pirouette & 3 triple pirouette 4-6 chaine in plie 7-8
- 8 Chaine jeté with back attitude 1-2 ball change to corner 3-4 transition to one line to face back 5-2
- 8 Contagion from center out, arms swipe back to hook up facing front 3-8
- 8 Contagion from L to R enveloppe to lunge 1-8
- 8 Snake ripple to stand from R-L 1-4 R, L straight kicks 5-8
- 8 R, L, R, L Straight kicks 1-8
- 8 Double R fans 1-4 L straight kick 5-6 close 7 unhook 8
- 8 Stagger front or back (ball change or step L-R) arms cover face 1-2 step across L or R 3 chaine R or L 4-5 Step L or R 6-7 reverse leap R or L 8
- 1 Facing away from center facing front or back

Dancing on My Own
Level 2 Lyrical

Choreographed by: Adrianna Cortez, Clayton Cross, Caitlin Hendricks, Emma Jones, Caitlin Poulton

Beginning Position: clump facing back, parallel feet, touching at least one other person

- 8 press hand down, contract and plie 1-2, flex R to front, bent elbow port de bras to front 3-4 contract to back 5-8
- 8 releve reach R hand up 1, contract 2, random groups peel off sissonne rond de jambe, arms pull down 3/5/7 travel to lines- even lines stagger L
- 8 R inverted hinge, hand to chest 1, R arm circles to first position 2-4 pirouette 5-6, step R, arms reach up parallel 7, pull down to R 8
- 8 pull is continuous and doesn't stop until peel off- (groups L to R 1/3/5)
L arm initiates drag 1, melt arm walk RL 2-3, hands on chest
- 8 release arms overhead 1-4, lunge L leg back 5-6, back line inside coupe turn with right arm by ear and left arm over heart 7-8, front line releases and rolls to ground
- 8 back line turning X-jump arms in high-V 1-2 ball change R foot 3-4 step R,L 5-and sissonne hands on partner's (in front line) leg (to switch lines with first line), turn out of it 7-8 front line releases and rolls to ground, coming to sitting position L knee facing upwards and L hand on heart 1-8
- 8 front line contracts with arms across stomach 1-2 arms reach overhead 3-4 contract and arms pull towards back wall 5-6 L leg steps back 7 arabesque jump 8, back line rolls to back 1-4, come up on R knee, L leg straightens and arms reach overhead 5-6, step up on L foot 7, arabesque jump 8
- 8 walk to new formation: triangle, R arm over heart, L arms presenting towards audience 1-4, both arms release above head 5-6, and slowly come down 7-8
- 8 cover face w/ L hand 1-2, pull L hand to L corner above head 3, pull R hand 4, drag 5, wrap arms across stomach 6, R foot back 7, present arms and turn to front 8
- 8 tondre le flesh 1-2, chaine 3-4, drag R arm across face 5-6, wrap R arm across stomach 7, wrap L arm on count "and," open arms in jazz hands and look up 8
- 8 explode arms open and release 1-2, sauté 3, step back 5, "dancing" arms 6, turn 7-2
- 8 groups (3/4/5) release R arm R-L, turn around yourself 6-8
- 8 front line: cut 1-2 to the R, chaine 3-4, fan 5-6, release to R corner 7-8
back line: cut 1-2 to the L, chaine 3-4, release to L corner 5-6, chasse with R foot 7-and-8
- 8 front line: body roll up 1-2, back line R leap arms touchdown 1-2, parts (3/4/5) hit different poses, hold 6, L arm reaches to L corner 7-2
- 8 turn around partner 3-4, partner A: pushes partner B's arm with R hand 5-8, partner B: arm swings 5-6, tuck 7, shoot and release both legs out 8
- 8 partner A: lunge forward with R foot 1-2, point L foot 3, prepare 4, front attitude turn 5-6, step arabesque envelope 7-8, partner B: reaches forward with R arm 1-2, roll and stand 3-8

- 8 front line: chug 1-2, arms reach overhead in circular motion 3-4, release to L corner 5-8, back line: step arabesque envelope 1-2, chug 3-4, arms reach overhead in circular motion 5-6, release to L corner 7-8
- 8 both arms reach up to R corner 1, pull down 2, R pique 3-4, low chaine 5-6, R jete back leg in attitude 7-8
- 8 roll to floor 1-2, L arm reaches towards audience L leg extended behind 3-4, roll to standing 5-8
- 8 walk around yourself 1-4, partner B: pushes partner A with L hand while stepping through 5-6, pivot turn L arm half-T R arm diagonal 7-8, partner A: releases over 5-6, reach to partner A 7-8
- 8 partner B: release back with arms toughdown palms facing back R foot in front 1-2, up 3-4, step on R foot and low arabesque turn arms in T 5-6, turn around yourself to face R corner 7-8, partner A: step through partner B while supporting their backs 1-2, drag and L arm reaches front 3-4, roll to ground 5-6, L leg slide in attitude on floor with L arm reaching 7-8
- 8 "dancing" pose 1

Destroy Them with Lasers
Level 3 Military

Choreographed by: Adrianna Cortez, Jessie Heck, Emma Jones, Kacey Lee, Eboni Wafer,
Michaela Vermeulen

8 - three levels in two pods, arm behind back; hold 1-4, R low diagonal&L low diagonal&close behind back 5&6, spread hands 7-8
8 - ripple hands back to head 1-4, group 1 rocket down 5-6, group 2 rocket down 7-8
8 - roll to new position 1-4, shoot arms middle L 5, look front 6, little shark 7, big shark 8
8 - L pod pull back 1-2, pull forward 3-4, pull back 5-6, stand 7-8
R pod pull forward 1-2, pull back 3-4, push forward 5-6, stand 7-8
8 - transition pray 1-2, R arm high V 3, pray close &, L arm low diagonal 4, R arm circle to T 5-6, push to R 7, swing to T 8
8 - circle down to box 1-2, look up 3, R arm Egyptian 4, switch 5, push L 6, turn over R shoulder 7-8
8 - group 1 (group 2 starts 3, group 3 starts 5) R arm circles to push L 1-2, R circle to L 3-4, sink 5-6, L 7, flick wrists 8
8 - switch L 1-2, finish groups 3-6, pray 7, shoot forward lasers release head 8
8 - back line: R foot cross behind arms in T 1-2, touchdown to back 3-4, arch back 5-6, clean 7-8
Front line: tuck arms to T 1-2, touchdown break through 3-4, cobra 5-6, tuck 7-8
8 - back line: bow and arrow 1-2, switch 3-4, mid tuck low rocket 5-6, high V jump 7-8
Front line: roll to back 1-4, mid tuck low rocket to back 5-6, high V jump 7-8
8 - break through R 1, break through L &, R low diagonal 2, L arm circles to low V 3-4 (back row turns to front), L arm touch shoulder R arm crosses front 5, R arm to chest 6, switch 7, switch 8
8 - rocket up 1-2, prep 3-4, double pirouette pray arms 5-6, jump out front alligator 7, bow and arrow back and front 8&
8 - transition to triangle pop chest low V 1-2, pop chest high V 3-4, pray 5-6, slice R 7, slice L 8
8 - repeat chest pop down and up 1-4, pray 5, ripple front to back sunshine 6-8
8 - push ball change 1-2, chasse R 3-4, step L 5, jeté arms in T 6, close 7-8
8 - sprinkler R 1, switch out 2, check R low diagonal L 3, switch up 4, tuck 5-6, solo dancer sprinkler 7-8
8 - pop up 1-2, R arm shoots up 3-4, ripple R to L with L arm to L 5-8
8 - half box 1, front 2, switch 3, four shape to front on 4, switch up 5, switch down 6, rocket arms up jump feet together 7-8
8 - transition to arms circle to head 1-2, chicken 3-4, arms swipe down to up 5-7, cross hands 8&
8 - waterfall R arm down 1-2, L arm down 3-4, L arm behind neighbor and lean R 5-6, step L 7, tilt kick 8
8 - ball change R 1-2, ripple L to R push back 3-8
8 - ripple middle to out box and close 1-8
8 - repeat transition chest pop down and up 1-4, pray 5-6, slice R 7, slice L 8
8 - repeat chest pop down and up 1-4, tuck in levels 5-7, shoot lasers alligator forward release head 8

Don't Stop the Party
Level 3 Hip Hop
Choreographed by: Rhodessa Bell, Donathan Flucas, Lyndsay Renger

start in a block formation

- 8 hold "dont stop the party!" lines 2 and 4 touchdown 1 T 2 body roll twice 3-6 hips R 7-8
- 8 lines 1 and 3 T 1 touchdown 2 drop to R toe 3-4 flatback front 5-6 hip L R on 7-8
- 8 kick ball change 1&2 twist 3&4 flap 5&6 pull 7-8
- 8 3 step turn 1-2 open the door 3-4 lines 1 & 2 switch 5-6 roll 7 & low v 8 progression in 3 groups on 1-3-5 from stage R to L
- 8 cheerio over L shoulder 1-2 step R 3 swing r hip 4 open front 5-6 swing arms R up and over head thru touchdown position 7-8 land in lunge 1.
Groups finish 5-6 everyone tap L foot to right 7 back to lunge on 8
- 8 slide to straight line 1-2 free style 3-4
- 8 ripple hand under chin stage R to stage L 1-8
- 8 snap 1 hip 2 push R 3 snap R across face 4 dig 5-6 hips R-L 7-8
- 8 peel off line back into block with a sit roll 1-8
- 8 swivel R to L 1-5 solo mimes "are y'all havin a good time"
- 8 jump rope L 1-2 R 3-4 pony 5-8 to move to triangle
- 8** push R arm flex L foot 1 switch 2 cha cha 3&4 stomp ball change R 5&6 L 7 & 8
- 8 outside v jumps R 1 L 2 shake 3&4 inside repeats 5-8
- 8 inside V snakes 1-2 outside V repeats same 3-4 everybody snakes 5-6 step back L step R on 7-8
- 8 all push front 1-2 hit k pose(flower out in each direction) 3 pray 4 diagonal arms 5-6 plie and flex hand 7 wing to hi V 8
- 8 press 1-2 body roll 3 snap outside arm 4 slow pose on 5-8
- 8 last pose 1-2 swing daggers L to R 3-4 bend to elbows on the table 5-6 body roll out of it 7-8
- 8 crazy knees swing R arm 1-3 X arms 4 repeat with L arm 5-7 X arms 8
- 8 pencil turn ripple from downstage to upstage 1-4 run back to block mime "are yall havin a good time 5-8 "
- 8 jump rope L 1-2 R 3-4 kick ball change R foot 5 & 6 turn over R shoulder 7-8
- 8** push R arm flex L foot 1 switch 2 cha cha 3&4 stomp ball change R 5&6 L 7 & 8
- 8 step together 3 times in opposition line 1&3 and 2&4
- 8 step scoop to straight line step R 1-4 three step turn upstage 5-7 snap 8 walk off stage left.

Fall Down
Level 3 Jazz

Choreographed by: Jesus Acosta, Lisa Barry, Clayton Cross, Kacey Lee, Eboni Wafer

- 8 Hold 1-4 arm across on 5-6 or 7-8
- 8 Arm on head 1-2 ball change 3-4 rond de jambe 5-6 arm breaks up 7 down 8
- 8 Snake 1 pop 2 walk 3-4 change lines circle arm 5-6 tuck 7 jump out 8
- 8 Swipe chin 1 step 2 pirouette 3-4 swipe L arm 5 sit 6 roll hips snap 7-8
- 8 Step r 1 wrap 2 groups chaine' L (3-5-7) release 5 tuck 6 or 7-8 or 1-2
- 8 Waiting for groups 1-2 all together snake 3-4 slap hips walk change lines 5-8
- 8 Throw step ball change 1 and 2 slow ball change 3-4 circle arms 5-6 wrap back 7-8
- 8 Head snap 1-2 or 3-4 snake 5-6 ball change and 7 arms to r 8
- 8 Groups go 1-3-5 (first group) body roll 1-2 releve' turn 3-4 roll 5-6 stand 7-8
- 8 Arms reach 1 head pose 2, groups pick up pose 3-4 last group 5-6 snap 7 shoulder 8
- 8 Walk 1-2 jump 3 front 4 hip roll 5-6 chase 7 hands pop 8
- 8 Releve' snake slide 1-2 step 3 snap slide to floor 4 roll 5-8
- 8 Snap kick on floor 1 roll to stand 2-3-4 Cheerio circle 5-6 sit 7 look 8
- 8 Kick ball change 1-2 soutenu 3 snap sit 4 walk change lines 5-8
- 8 Head 1-2 step 3 arms overhead 4 step L 5 turn 6 leg taps drop head 7 and 8
- 8 Parts pick up 1-3-5 (first group) other groups snake up knee drop 1-2 look 3-4 head roll 5-6 leg through 7-8
- 8 Tuck roll 1-2 stand 3-4 arms reach 5 down 6 hold to pick up groups 7-8
- 8 Groups continuing 1-2 roll 3 snap 4 walk to lines 5-8
- 8 3 step turn L 1-2-3 tap 4 push in opposition 5 circle 5-6 snap down 8
- 8 Battement fan 1-2 inside pencil turn 3-4 chase' front 5-6 step 7 jete' 8
- 8 Land 1 pivot 2 walk to line 3-4-5 heart 6 jazz hands 7-8
- 8 Hip roll 1-2 turn 3-4 leg slap 5 and 6 snake 7-8
- 5 Snap 1 melt to pose 3-4-5

Feel This Moment
Level 2 Field Kick

Choreographed by: Kali Boyd, Allie Hudak, Monique Jordan, McKenzie Robinson Breanne
Wilson, Michaela Vermeulen

- 8 – Ripple front to back pop R foot hi V arms (1-8)
- 8 – Ripple SL to SR soutenu pose to R (1-8)
- 8 – Oppositional poses (1-2) head pop (3-4) reverse (6-8)
- 8 – Walking to straight-line close arms (1-2) break R arm to hi diagonal (3-4) L arm (5-6)
Close arms (7) hook up (8)
- 8 – Envelope to side R (1-4) L (5-8)
- 8 – Grapevine R (1-4) L kick (5-6) close (7) hold (8)
- 8 – Reverse (1-8)
- 8 – Exercise Kicks R L (1-8)
- 8 – Straights R L R (1-7) Hold (8)
- 8 – Passe (1) point (2) twist (3-4) bow (5-6) up (7-8)
- 8 – Formation change
 - Sides: walk forward (1-6) close feet head pop (7-8)
 - Center: Same as sides walking in place
- 8 – Sides: Flicks traveling into center (1-4) chasse (5-6) step (7) close (8)
Center: Flicks front (1-4) chasse front (5-6) head pop (7-8)
- 8 – Snake Ripple starting SR windmill to back tuck (1-8)
- 8 – finish snake ripple
- 8 – Ripple from SR, stand up cut turn R foot and hook up (1-8)
- 8 – Squat Ripple (1-8)
- 8 – Oppositional Fans (1-7) hold (8)
- 8 – Reverse Fans (1-8)
- 8 – Passe R (1-2) BC (3-4) Reverse (5-8)
- 8 – Straights (1-7) hold (8)
- 8 – Star Kicks R (1-7) hold (8)
- 8 – Reverse Stars to L (1-7) close arms with leg (7) hold (8)
- 8 – Front Line: Run (1-2) Soute Chat (3) land down (4) hold (5-8)
Second Line: Hold (1-4) Run (5-6) Soute Chat (7) land standing (8)
- 8 – Front line pose (1-2) Back line (3-4) roll or three step turn (5-8)
- 8 – Front line finish roll (1-2) pivot turn with sunshine arms (3-4) walk to diamond R arm
(5-6) L arm (7-8)
- 8 – Walking to diamond both arms touch down (1-2) push arms (3-4) tuck (5-6) hit poses
in levels (7)

Finding North
Level 4-5 Officer Modern
Choreographed by: Jamie Drake

Beginning position: Start in clump formation using levels and connected to others in the group.

8- Reach away from center 1-2, roll up w/ R fist at sternum 3-4, push R 5, slice 6, upper body roll 7, develop arms to low V 8

8- Releve w/ upper body release 1, slide to plank 2, roll up 3-4, undulate to floor 5, body half to R 6-7, roll back w/ R leg extended 8

8-Roll up 1, point & look to ceiling 2, turn L w/ R hand on face 3-4, leg swings L & R 5-6, airplane attitude turn 7, land in 2nd position w/ arms & head back 8

8- L Tendu 1-2, hollow chest turn 3-4, run and reach away from center 5-6, run back into soute 7-8

8- Run to build home 1-2, melt 3-4, grab soloist 5-6, thrash lift 7-8 (Soloist: chaine to pas de chat to roll 1-2, leg swing to sit 3-4)

8- Splat to ground in 3 groups A's 1-2, B's 3-4, C's 5-6 look up 7-8

8- Roll R w/ reaches 1-2, roll to sit 3-4, Rond de Jambe en l'air 5-7, Flick R side on 8 (soloist improv 1-4, joins 5-8)

8- Roll to stand 1, foot circles 2-3, space hold L turn 4, sharp arms 5-6, slash attitude 7, hollow chest pencil turn 8

8- Run to partners 1-2, circles 3, attitude lift 4, leaps to the floor 5-7, Emily Rose 8 (soloist runs out to jump 1-5, run back 6, join 7-8)

8- L body half roll to stand 1-2, carve space L 3, R arabesque 4, pivot 5, R soute 6, run to fish jump 7-8

8- Ball change to fron 1-2, drag 3-4, drag back 5-6, foot circles 7, melt to ending clump connecting 8

2- Look up to find North 1-2

Geekin
Level 2-3 Hip Hop
Choreographed by: Lisa Barry, Emma Jones, Kacey Lee

- 8- Start in two lines, first line steps back right then left while bouncing shoulders. Scoop down and meet back line
- 8- Back line joins with front line, everyone does same movement in one line together
- 8- Everyone snakes around, double chest pop, "front" line hits right knee left knee, "back" line steps right then left while crossing arms, everyone head pops
- 8- Ripple from right to left grabbing neighbors foot with left hand, everyone pops up
- 8- Ripple from left to right pulling leg down, everyone bobs head
- 8- Everyone repeats bouncing shoulders 8 count, while switching lines
- 8- Circle around with hands on face, adjust glasses, circle arms back to place hands on hips
- 8- Granny walk
- 8- Grapevine to the right, hit right arm up, high knees back to spot
- 8- Jump out to second arms fold across chest, hips go to the right then left then circle around
- 8- Formation will starburst out, swing outside arm throw both hands up in the air, sides face out, middle stays front, body roll, middle looks right then left, sides do booty pop twice
- 8- Everyone body rolls facing the front, down to the ground, sliding out, moving left leg to the left then right leg follows
- 8- Three groups 1/3/5 left to right, rolling onto back, right leg straight left leg bent, everyone switches.
- 8- Drop legs down to jazz split facing the front in three groups again 1/3/5 right to left, everyone throws arms up
- 8- Roll over right shoulder to a plank position, straight leg walk up to hands
- 8- "front" line poses down to the front, "back" line poses staying up
- 8- "front" line does granny get up, "back" line turns over left shoulder and picks up with granny get up
- 8- Shrug shoulders with arms in daggers, slow for four counts, fast for four counts (move to triangle)
- 8- Every other line circles down and around on 1/2 others circle 3/4, right hand on face then left, take glasses off
- 8- Slow look to the front, shake head down, look up on 8
- 8- Funky groove
- 8- Kick leg out while throwing arms out in front, land in running man, fake run, sink lower
- 8- Right arm punches up, face back while right hand circles up to high v, right arm then left to a box bring box up, face left while bringing arms together to a 90 degrees
- 8- Release back, pull to half T, spin around to front, every other lines go on 5
- 8- Robot, then right V hand
- 8- Tuck arm down and roll back moving whole formation back
- 8- Jam out
- 8- Right arm swings up to head then left, starburst out of formation, head pop
- 8- Poses
- 8- Slide right then left, run up to the front while middle forward rolls

Get It Right
Level 3 Pom

Choreographed by: Kayla Campbell, Adrianna Cortez, Magaly Guerra, Caitlin Hendricks,
Katie Perdue

Start facing back in staggers. Rt knee popped. Rt pom over head Lt pom clean.

- 8 hold 1-6 hip roll to rt 7-8
- 8 step out rt throw rt pom to low V Lt pom on hip look front. Front line 1-2 back line 3-4 everyone close to front touchdown 5-6 tuck 7-8
- 8 front line roll to rt stand up facing side step out downstage Lt punch Lt pom high V break through low V sit in Lt hip
- 8 touch turn arms break down to face Lt side 1-4 back line rolls to Lt to stand facing Lt side 1-4 everyone steps out rt downstage punch rt pom high V break through low V sit in rt hip
- 8 step out Lt poms to chest hip roll Lt 1-4 punch down across rt 5 straighten Lt arm over rt 6 circle arms out 7 jump together poms behind head 8
- 8 move to rhombus shake poms 1-4 Lt pom hip rt pom punch low V twice
- 8 groups 1 3 5- step out rt rt arm box over head Lt over stomach 1-2 close Lt to rt close arms in front 3-4 step out rt look rt Lt pom to head rt pom to hip 5-6 switch 7-8
- 8 punch right across up circle full body around to sit in Lt hip rt pom behind head 1-4 shake hips until last group finishes
- 8 continue shaking hips 1-6 everyone punches rt high V break through low V sit in rt hip 7-8
- 8 jump together poms to chest 1-2 ball change back rt rt pom behind head left over stomach chasse' rt step Lt
- 8 jete' rt arms touchdown land in tuck 1-2 hold 3-4 every other line pops to knees 5-6 or standing 7-8
- 8 opposite ways- K half T K 1 and 2 pull front arm to half T bring other arm in to half T shoot across diagonal 3 and 4 arm across to hip other arm high V circle to both arms out to low V 5 and 6 pom to hip 7 switch 8
- 8 floor group-roll to back to stand up. Standing group-three step turn to front punch front drag clean
- 8 floor group-step out Lt low V Lt side turn over rt shoulder to face front L arms Lt by ear. Standing group step out rt low V to rt side close feet L arms Lt by ear. Everyone ball change out rt slice rt arm across touch turn behind arms break through down
- 16 move to triangle-slow walks arms behind head to rt 1-2 switch 3-4 circle to rt over head to rt hip check mark rt Lt chug twice facing Lt front corner arms punch rt down twice 7-8
- 8 ripple Lt to rt punch up touchdown to face rt side land in tuck
- 8 step back Lt snake up 1-4 step out to front rt corner swing arms and hips to rt 5-6 step straight downstage rt swing arms and hips to rt 7-8
- 8 step out Lt Lt arm behind back rt to Lt shoulder 1 hold 2 double pirouette cheerio arms jump out low V arms 5-6 poms to chest 7-8
- 8 ball change back rt high V arms step across rt circle arms passe' cross Lt T arms ball change on diagonal Lt front circle arms step out Lt rt arm over head Lt across stomach

- 8 continue arms to low V to lt side 1-2 hug plie' feet together 3-4 rt split leap arms high V land in tuck
- 8 jump out to second punch rt down in front lt down in front punch behind rt lt shimmy 5-6 outside triangle high V low V inside outside 7-8
- 16 move to staggers-close to chest 1-2 circle arms down 3-4 circle arms out front 5-8 swivel arms to behind head 1-4 punch rt across close lt in pull rt to half T open lt elbow daggers clean
- 8 opposite front and back lines-step out diagonal punch back out switch slice around
- 8 indian wash hair punch front tuck
- 8 4 groups 1,5,1,5-slice arms around to rocket back to tuck step out rt K lt out K
- 8 face rt side tuck hold for other groups to finish
- 8 last group finishes on 5-6 everyone punches side throw back
- 8 front line 1 back line on 3-throw rt arm roll stand up dig rt cross arms in front step out right fan arms
- 1 pop lt knee rt arm low V lt over head

Gold On the Ceiling
Level 5 Jazz

Choreographed by: Kali Boyd, Clayton Cross, Yoshio Pineda, Caitlin Poulton

8 hold 1-2-3 stunt 4-5-6-7-8
8 transition 1-4 walk to lines 5-8
8 swivel 1 and 2 prep 3-4 turn 5-6 land 7 layout 8
8 hip swirl to stand 1-5 tap 6 tap 7 lunge 8
8 fan tilt 1-2 turn 3-4 ball change 5-6 parts 5-8
8 two parts take full 8 together snake 7-8
8 double snap 1-2 ball change reach 3-4 chug feet 5-6 two parts 7-8
8 parts tilt one 2 3-4 unwind to floor slide pop on 8
8 touch floor stand 1-2 get up 3-4 -5 snap 6 hold 7 head 8
8 hip rolls to 1 line 1-2-3 hand 4 steps with hip 5-8
8 open 1 close 2 look and hip roll 3-4 ball change 5-6 release back 7 look up 8
8 drag in 2 groups 1-2 slap 3 walk 4-5 reverse leap 6 land 7 look 8
8 second group finish 1-2 roll hip 3 snap 4 groups step 5-6 low chaine 7-8
8 leap 1 -2 slide lunge roll to stand 3-8
8 together hip roll 1reach 2 touch 3 back 4 pas de Bourne 5-6 double pirouette 7-8
8 prep side 1 double inside turn 2-3 pli   4 snap 5 step 6 ball change press 7-8
8 step 1 piqu   2 swirl back 3-4 sit 5 look front 6 snap 7-8
8 4 parts r to L open 1 fist 2 slap 3 sit 4 hips 5-6 battlement 7 lunge 8
8 continuing parts 1-8
8 slice sit 1-2 reverse floor fan 3-4 leg through 5 get up 6-8
8 throw arms 1 move forms 2-8 parts prep 7-8
8 2 groups, three fouettes 1-6 double pirouette 7-8
8 barrel jump 1-2 turn out 3-4 all together hip circle 5-6-7 slap leg I
8 hip walks 1-4 pivot or hand 5 walk to line 6-8
8 slap ripple 1-8 with head roll

Hate the Taste
Level 4-5 Jazz

Choreographed by: Lindsay Early, Magaly Guerra, Yoshio Pineda, Julie Rowely

- 8 *Start in 1 column facing back wall feet together, arms at side.* Hold 1-4, alternating every other person steps out either R or L on releve, same side arm breaks to "T" 5-6, break arm down by side and sit into opposite hip away from side 7-8.
- 8 Groups: G1 steps out away from each other, outside foot first 1, then turning over outside shoulder closing inside foot to outside &, brushing inside leg to make a "4" with legs, facing front, arms break to "L" outside arm to "T" on 2, keep rotating in same direction stepping on foot that brushed, arms slice down 3, jump out to second position facing front 4. G2 does same combo starting 3. G3 (soloist) sunshine arms up to touchdown 5-6, step L to back 7, turn over R shoulder for R tilt kick to audience 8.
- 8 Break into broken "T", step R forward &, push both arms down by sides, hands flexed, release head back 1, drop to ground in tuck 2, kick out R leg, left leg still tucked 3, touch leg down to ground 4, sit up on high knees, arms break to "T" 5-6, roll on ground on L side 7-8.
- 8 Carve R arm from left ear to R, stand up 1-2, drag R foot, carve R arm over head to side 3-4, walk to staggers 5-8.
- 8 Slice R foot out to tendu on R side, use arms "jazz hands" to push leg away 1-2, prepare for R pirouette &3, triple R pirouette, R arm behind head, L arm in front of face in "jazz hands" 4&5, R leg cuts out to shoulder level, R arm slices out to "T", L arm slices to broken "T" 6-7, plié on R leg, recover arms by side 8.
- 8 L shoulder roll 1-2, brush R foot, running arms 3-4, inside R fan kick 5-6, jump together 7, throw arms and R leg 8.
- 8 Plie on R leg, shift weight to R 1-2, L elbow pull across face, shift weight to L 3-4, single pirouette, R leg crossed at knee, arms come to "indian" 5, jump out to second, arms press out 6-7, wrap R arm across waist 8.
- 8 Wrap L arm to touch ground 1, cut R foot 2, roll on ground 3-4, walk around self to new formation 5-7. Plie to R side 8.
- 8 Flick R leg to check mark, R arm reaches, L hand on hip 1, step R 2, prepare L &, single coupe turn 3, chasse R to L side 4-5, R jete to front, arms in touchdown 6, turn out over R shoulder 7-8.
- 8 Cut L leg, R arm to broken "T" 1, step R-L 2&, cabriole R, arms in R "L" 4, prepare 5, R pencil turn 6-8.
- 8 Step L-R turning over L shoulder second 1-2, kick L leg back 3-4, touch R foot in front 5, touch back 6, L attitude, L arm circles around, R hand over mouth 7-8.
- 8 Step passé, L arm carves over head 1-2, carve R hand over head, switch weight to R side 3-4, reach out R arm, pelvis pushes forward 5, back 6, R barrel jump turn 7-8
- 8 Hold 1-2, L arm reaches and circles around 3-4, R fan kick 5-6, walk 7-8.
- 8 Facing L side, deep plié, hands slide down to knees 1-2, go to tuck 3-4, Groups: G1 (front row) kick out R leg cartwheels around to left side 5-8. G2 leap, R leg extended, L leg in ballet passé 5, down 6-8.

- 8 G1 roll over L shoulder to stand 1-2, walk R-L to L front diagonal 3-4, Pivot turn to L front diagonal, reach with R arm, L over mouth 5-6, run R-L to R back diagonal 7-8. G2 roll over R shoulder to stand 1-2, walk to R back diagonal 3-4, pivot turn to R back diagonal, reach with R arm, L over mouth 5-6, walk R-L to L front diagonal 7-8.
- 8 G1 Jete, push arms down by side, hands flexed, head released back 1, recover 2, walk to new formation 3-4. G2 spiral arms around to roll to ground 1-2, roll to stand 3-4. Everyone continues to walk, R arm crosses chest, elbow out 5, repeat L 6, sunshine arms to side 7-8.
- 8 Jump together to L side, L arm in football goal 1, step out R, hook L arm across body 2, spiral turn over L shoulder, arms in cheerio 3-4, step out R, arms stay in cheerio to left 5-6, pull R elbow, lean to R side 7-8.
- 8 Prepare L 1, R double pirouette 2-3, prepare to R front diagonal &, R jete to L front diagonal 4, prepare feet together 5, cut R leap 6, roll to ground over L shoulder 7-8.
- 8 Stand up to L side, cross R knee and popped 1-3, L leg check mark 4, chasse L to R side 5-6, pass de bourre turning over L shoulder to front, finish with L arm down and R hand on hip.
- 8 Groups: G1 jump out to second, arms sunshine down 1-2, reach out 3, pull it into face 4, cartwheel to R side 5-8. G2 repeats and starts 3-4, G3 starts 5-6.
- 8 Groups continue: G1R passé spiral arms above head to plié R 1-4. G2 finishes 5-6, G3 finishes 7-8.
- 8 Everyone drags R leg to L side, L arm reaches up, R hand over mouth 1-2, walk 3-4, reach out to R side turning over R shoulder &, sit into R hip, arms break into low "V" 6, chaine to straight line 7-8.
- 1 Jump out to second, R arm hits R side. (melt arm, look to L side)

Have Some Fun

Level 1 Pom

Choreographed by: Lindsey Renger, Yoshio Pineda, Caitlin Hendricks, Julie Rowley, Kayla Veitch, McKenzie Robinson, Caitlin Poulton

- 8 1st group pose 1-2, 2nd group pose 3-4, everyone ball change L arms 5-6, clean 7-8
- 8 Step touch R 1-2, step touch L 3-4, starburst transition 5-8
- 8 Roll and sit 1-4, opposite checks checks 5-8
- 8 Circle clap 1-2, again arms clap up 3-4, shake in prayer 5-7, clean 8
- 8 Ripple R-L R arm pushes down 1-8
- 8 (groups): 1st group-rocket 1, clean 2, passé 3-4, land 5-6, R arm punches across 7-8; 2nd group-rocket down 1-2, rocket up 3-4, rocket down 5-6, pray 7-8
- 8 1st group-repeat the previous 8 count to the back to switch lines; 2nd group-pick up previous 8 to the front
- 8 Transition to triangle-check arms 1-4, punch front 5, T 6, deodorant down 7-8
- 8 (3 groups 1,3,5) 1st group- box l-2, open box 3-4, circle R arms to cherrio 5-6, rocket 7-8
- 8 1st group-tuck L knee 1-2, roll to bug position 3-4, hold 5-8
- 8 1st group-hold 1-2, hit level 3-4, 2nd group levels 5-6, 3rd group levels 7-8
- 8 Pray 1, hit level again 2, ripple slice down to low V 3-8
- 8 Tuck 1-2, jump out second 3-4, snake front 5-6, reach and sit 7-8
- 8 Shampoo wrap to L hip 1-4, cherrio up 5-6, cherrio down 7-8
- 8 Ripple L-R arms shake across to lay back 1-8
- 8 Rocket 1-2, prep for pirouette 3-4, single arms on hips 5-6, double punch high or low V 7, clean 8
- 8 Pop half T 1, pop low V 2, jump R pop with R arm 3-4, knee 5-6, pop half 7, low V 8
- 8 (groups 1, 3, or 5): hip circle 1-4, punch down 5-6, touch L foot arms in low V 7-8
- 8 (groups cont.): punch back down 1, broken T 2, 2nd group finishes 4, 3rd group finishes 6, pop 7-8
- 8 Throw and pivot 1-2, switch lines shaking 3-8
- 8 (2 groups 1 or 5): rocket to low V ball change 1-2, run R-L 3-4, leap 5-6, land in a tuck 7-8
- 8 2nd groups lands in tuck 3-4, everyone roll to stand 5, touch down arms facing back 8
- 8 Transition to triangle R arm circles 1-2, L 3-4, punch across R-L to face front 5-8
- 8 Jump out low V 1-2, check R 3, L 4, rocket 5-6, sit R 7-8
- 1 Wrap R arm across stomach L arm extends diagonally 1

Heaven
Level 2 Officer Camp Jazz
Choreographed by: Roxane Gage

Beginning in close/tight staggered lines facing back

4 – Hold (1-4)

8 - (A's) step front (1-2) (B's) Step front (3-4) all look back, front (5-6) Lt hand up,down, snap (7-8)

8 - (A's) passe step out (1-2) (B's)passe step out (3-4) sassy snap rt, lt (5-6) turn back (7-8)

8 - Walk (1-3) pivot turn front (4) hands on head, hip roll (5-6) hip roll and hands snap above (7-8)

8 - Open arms to diagonal (1-2) Lt arm down and front (3-4) walk out to spread out stag lines (5-8)

8 - Ball change (1-2) pirouette (3-4) step, push (5-6) step back, tap (7-8)

8 - Circle Rt arm over (1-2) head back, arm out (3-4) hips right (5-6) hips Left (7-8)

8 - Flick kick Lt (1-2) push out (3-4) ball change fan kick (5-8)

8 - Chaine (1-2) shoulder walks (3-8) walking to triangle

(pick up section) 3 groups pick-up every two counts

8 - Step point Lt hands on shoulders (1-2) step point Rt, hands up (3-4) sit (5-6) face back, arm Rt (7-8)

8 - Circle Lt arm, extend Lt leg (1-2) cross legs (3-4) roll over (5-6) sit to back Lt diagonal (7-8)

8 - Stand arm up (1-2) continue stand arm side (3-4) feet together (5-6) sassy snap (7-8)

8 - Other 2 groups catch up (1-4) ALL step passe (5-6) step front arms down (7-8)

8 - Arm & torso series-- Rt over head (1-2) Lt over head (3-4) push Rt (5-6) circle Lt back (7-8)

8—Moving to triangle walk Rt, arm circle, (1-2) cross back, shoulders (3-4) turn & walk back, arms up (5-6), arms open (7-8)

8 - Prep walk front (1-2) chaine (3-4) prep (5-6) pirouette (7-8)

8 - Drag chest lift (1) walking circle Rt arm & move to diagonal lines (2-8)

8 - Kick (1) lay back passe (1) chasse (3-4) saute arabesque (5-6) chasse Lt (7-8)

8 - En dedans pirouette (1-2) walk (3) pique arabesque (4) pull through (5-6) rond de jambe front (7-8)

8 - Back turn (1-3) chasse (4&5) turning hitch, kick, flick (6) walk backwards (7-8)

8 - Pencil turn back (1-2) step drag (3-4) chaine (5-6) turn inside (7-8)

Cross through section

8 - Chasse Rt (1-2) run (3-4) little jete (5-6) grand jete (7-8)

8 - Run (1-2) ball change look across at each other (3-4) turn back walk towards each other (7-8)

8 - Walk facing back to Files using travel arms (1-8)

Opposition in Files

8 - Turn front, arms over & down (1-2) circle opposite arms (3-4) repeat other side (5-6) roll to floor (7-8)

1 - Lay side (1)

Hello

Level 2-3 Hip Hop

Choreographed by: Sarah Duarte, Kacey Lee, Caitlin Hendricks, Yoshio Pineda, Katie Perdue,
Caitlin Poulton

- 8 Hold 1-2, ripple L to R circle around stepping out to second 3-8
- 8 Ripple out to in shimmying down 3-8
- 8 Stunt/trick 1-4, step forward with arms 5-6, close 7-8
- 8 Groups on (1,5,1) scoop 1-2, pop &3, head pop &4, swing arm around 5-6, knee pop &7, swivel to pose &8
- 8 Step snap L then R 1-4, party 5-8
- 8 jump out circling arms 1-2, pop &3, punch R arm then L 4-5, body roll 6, pose to partner 7, hold 8
- 8 slide to face side (opposition by lines) 1-2, pop &3, hold 4, dive walks 5-8
- 8 rolling through second twice 1-4, flick hands 5, hands to chest and down &6, jump out 7, pose 8
- 8 Step back with arms 1-2, close 3-4, chasse back 5&6, step 7, plie with arms in broken T (second line does same movement going forward)
- 8 Groups on (1,5,1) step snap to R 1-2, turn around to step out 3-4, hold 5-8
- 8 continue groups 1-4, first two groups body roll down to point and hold 5-8, third group points back 7
- 8 bounce around 1-4, bounce R to L with arms coming up 5-8
- 8 Pull R arm in then L 1-2, walk pointing up 3-6, cut turn to face back 7-8
- 8 Groups on (1,5) turn to front 1-3, return to face back 4, hold 5-8
- 8 L hand out 1-2, reach L over head & step out 3-4, R hand scoops across 5-6, plie 7-8
- 8 body roll 1-4, ball change with box arms into staggered lines &5-6, look up with R hand 7-8
- 8 step out bring R hand to chest and then L 1-4, walk to triangle with arms 5-8
- 8 kick R ball change 1&2, Kick L ball change 3&4, jump L then R with arms 5-6, throw and drop 7&8
- 8 Scuff L and jump to second 1-2, (Opposition by lines) pop L then R 3-4, two pops L pointing front 5-6, everybody swings to close with R arm 7-8
- 8 step out R with R arm pointing down and close 1-2, step out L scooping L arm and close 3-4, pony back with arms 5-8
- 8 walk to back 1-3, step to second with arms 4, booty bumps circle L to R 5-8
- 8 Groups (1,3,5) body roll to face front 1-4, hold 5-8
- 8 expand out 1-3, close 4, contract in 5-7, pose 8

Higher Ground
Level 2 Field Jazz
Choreographed by: Jessie Heck, Kacey Lee, Yoshio Pineda

Start in three lines with levels, level arm checks

- 8 hold 1-4, arm reach up to change sides 5-8
- 8 snaps 1-8
- 8 parts 1,3,5 front to back to roll or turn to face the front arms to touch down 1-8
- 8 walk to spread out pressing arms down 1-4 step touch 5-8
- 8 parts 1,3,5 swirl to ground 1-8
- 8 shift weight 1-2 kick 3 sit up 4 swirl arm 5-6 lay out on floor 7-8
- 8 parts 1,3,5 back to front, roll to stand 1-8
- 8 ball change 1-2 run 3-4 leap 5-6 turn to back 7-8
- 8 walking with arms 1-8
- 8 finish walking 1-4 ball change step pose 5-8
- 8 hips 1-4 step passé 5-6 release forward 7-8
- 8 ball change slap hips 1-2 battement 3-4 pivot 5-8
- 8 Two groups starting on 1 or 3: swivel knee 1-2, chasse 3-4 ball change with sweep arm 5-6 chasse 7-8
- 8 step touch arms to touch down 1-2 release forward 3-4, group two finishes 5-6 arch up with R arm reaching 7-8
- 8 prep 1-2 coupe turn arms pressing up 3-4 ball change R 5-6 clean 7-8
- 8 run 1-2 press jump 3-4 cut turn 5-6 hip roll 7-8
- 8 walk to straight line with snap arms 1-8
- 8 walk to straight line with snap arms 1-4 wrap body 5-6 buddy hook up 7-8
- 8 bow ripple chased with passé touch ripple SL to SR 1-7 all passé on 8
- 8 tendu ripple 1-7 close 8
- 8 parts, every other AB:
 - A's: ball change front 1-2, drop knee holding hat 3-4 drop other knee 5-6 bow 7-8
 - B's: ball change back 1-3, hands to hips 3-4, flick kicks forward 5-8
- 8 A's: switch arms 1-2 head pop 3-4 switch arms 5-6
 - B's: drop knee 1-2 other knee 3-4 sit 5-6
 - ALL: head pop 7-8
- 8 reach out 1-2 in 3-4 windmill arm 5-8
- 8 parts SL to SR: 1,3,5,7: feet out 1-2, arch up 3-4, plie 5 close 6 finish groups 7-8
- 8 finish groups 1-4, step touch 5-8
- 8 walk with circle arms 1-8
- 8 walk with snapping arms 1-8
- 8 parts every other line 1,5: frame face 1-2 press 3 lay out 4, finish groups 5-8
- 8 open arms 1-2 ball change 3-4 pencil turn 5-6 head pop 7-8
- 8 walk away from center 1-4, ball change 5-6 close 7-8
- 8 walk back to center with release 1-4 press arms down as walking 5-8
- 8 shift weight 1-2, switch sides 3-4 level front to back 5-8
- 4 reach back 1-3 hit pose 4

Holla at the DJ
Level 2 Officer Hip Hop
Choreographed by Rosie Torres

- 8 Hold 'Holla' pose facing different directions (1-2), scoop to center, stay in second position (3-4), pump arms and bounce (5-8)
- 8 Connect stunt (1-2), run forward with stunt, prep and hitch kick (3-8); Dancers not in stunt: clean (1-2), run forward into prep (2-6) hitch kick (7-8)
- 8 All recover (1-2), high knees run to second formation- triangle (3-8)
- 8 Starburst visual with clapping hands out (1-4), claps hands in to pray (5-8)
- 8 All box press right (1-2), box press left (3-4), move to third formation- staggered lines (5-8)
- 8 Hair flick (1-2), slide right foot in (3), press right heel out to right top diagonal (4), twist feet (5&6), slide left foot into dig (7), step forward to second with left foot (8)
- 8 Wave right arm onto ½ T (1), wave left arm to full T (2), fold left arm to ½ T (3), press right arm into high V (4), step back right and pencil turn to audience (5-6), wave hands to present (7-8)
- 8 Close hands to fist and position into box while pressing right heel twice (1-2), run forward and back with box arms (3-4), walk into columns (5-6), front line swim arms crossing to audience and opening into second (7-8), back line slide arms up body into goal post arms (7-8)
- 8 Back line open arms into T (1-2), hold (3-4), tuck and pull pants up (5-6), walk forward (7-8)
Front line walk over left shoulder into window(1-2), ball change into tuck under arms of back line (3-4), walk and pivot forward to close (5-8)
- 8 Chorus: (in opposition) Jump out to second isolate body with "Holla" hands (1-2), DJ scratch (3-4), pump and sway with arms open, cross, open up (5-8)
- 8 All step back left with arms following in parallel while body scoops towards back (1-2), DJ scratch with pony feet work (3&4), step forward with left foot as arms sway and pump open, cross, open up (5-8)
- 8 Muscle arms melt down with isolation of body to collapse flat back: Front line (1-5) Back line (5-8-1)
- 8 Step forward with right leg while arms press chest out chest: Front line (1&2) Back line (3&4), switch lines with threes step turn to close (5-8)
- 8 (Strong, sharp movement section) Jump to second position while arms pop to up box (1), twist to left arms to Indian (2), open Indian arms (3), close arms to Indian (4), slice arms to T while body twist to right side (5-6), 'Talk' hands folding in then pressing out to up box (7-8)
- 8 Twist to left while pointing right hand with left hand over head Front line (1-2) Back line (3-4), press arms and body right, left, (5-6), double press to right (7&8)
- 8 Ball change right, left with arms pointing to T then melting in Front line (1-2), Back line (3-4), all step right, left with pump twist arms (5-6), double pump right (7-8)
- 8 Step left dig right, step right dig left with hip scoop (1-4), move formations to triangle (5-8)
- 16 'Holla' poses. Everyone should scoop, isolate, swivel or pop and lock to different levels. Pose 1 (1-4), Pose 2(5-8), Pose 3(1-4), all pump arms (5-8)

- 16** 'Holla' poses. Repeat 3 poses, then transition within formation; rotate triangle, 5-8
- 16** Inside pirouette with open flexed hook recover by lunging forward to knee – in groups: Gp1 (1-4), Gp2 (5-8), Gp3 (1-4), all pump arms to up box and rise (5-8)
- 16** snake back over left shoulder and ball change with a body snap to front- reverse group, Gp3(1-4), Gp2 (5-8), Gp1 (1-4), all move to a tighter triangle (5-8)
- 8** (Slow jam section) Step right with scoop arm to snap (1&2), half jazz square with hip roll over left side (3&4), reach arms in half circle to press (5-6), reach arms left and flip hands (&7), reach hands to lower ride side cheerio(&8)
- 8** Hands to eyes then scoop to chest (1-2), heart press from left side to right side Gp 1 (3-4), Gp2 (5-6), all slow motion body roll back (7-8)
- 8** All pony with left leg in hook position and hands in mid box with snaps (1-2), step back left with a hip swivel to dig and press arms in parallel (3-4), three step turn towards front right diagonal while pointing up right arm, left arm and melting into chest (5&6&7), arms press to half T, while left foot twist left to lunge (8)
- 8** Twist in (&), twist lunge left into skater turn on l'aire with hand in 'listening' position (1-2), swing right leg into jazz square as arms melt on side of body into second position and snap right (3&4), jazz hand press with right leg sliding into dig (5-6), step forward right and isolate body (7-8)
- 1** one group collapse fold down, other group snap up and melt arm by side...make it visual!

I Can Do Better
Level 1 Hip Hop

Choreographed by: Caitlin Hendricks, Caitlin Poulton, Lyndsay Renger

Start in two clumps in pose of choice

- 8 hold 1-2, groups look in 3-4 pop 5-6 pop different 7-8
- 8 everyone stomps in opposition 1 3&4 5 7&8
- 8 R Clump Group A: circle point 1-2 push through to knee 3-4 swing leg 5-6 bounce 7-8
- 8 L Clump repeat 1-8
- 8 A's Step snap 1-2 snake point 3-4 B's repeat 5-8
- 8 snake head to walk 1-4 reach arms 5 open 6 cross 7 pose 8
- 8 pick up 1,5,1: snake to back 1-2 push through arms 3 cross drop over 5 finish groups 5-8
- 8 finish groups 1-4 jump to R 5 L 6 flick arms RL 7-8
- 8 sweep around 1-2 press back 3 front 4 ripple SR to SL through grande plie 5-8
- 8 push front stepping back 1 walk to straight line 2-4 group one snake 5 group two snake 6 group three 7 snap 8
- 8 drop over 1-2 up 3-4 A's swing leg 5-6 B's hold 5-6 shift back and forth 7-8
- 8 tuck or punch 1-2 switch 3-4 A's face back while B's whatever arms 5-6 everyone hips 7-8
- 8 jump together 1-2 snap R L 3-4 jump together touch down snap 5 walk 6-8
- 8 jump out 1 shake it down 2-4 drop 5-7 hit it 8
- 8 push arms 1-2 pivot 3-4 snake to switch windows 5-8
- 8 star arms 1-2 snake in 3-4 sass walk 5-8
- 8 clip 1-2 plie in second 3, pop &4 turn over R should 5-6 haul truck 7-8
- 8 shake it to the R 1&2 snap over 3&4 shake it up 5-8
- 8 snake to R 1-2 follow the leader 3-4 snake snap 5-6 or 7-8
- 8 plie 1 up 2 walk with crossed arms 3-8
- 8 Groups 1,5: punch down 1& together 2 pop 3-4 open 5 to knee 6 finish groups 7-8
- 8 finish groups 1-2 head nod 3-4 hip roll 5-6 bounce 7 snap 8
- 8 ball change point 1-2 swivel 3 sit 4 hip &5 reach pull &6 sass and sit 7-8
- 8 walk to two clumps 1-4 jump out 5-6 snap front 7-8
- 4 walk off

I Found You

Level 1 Jazz

Choreographed by: Monique Jordan, Sydne Miller, Kayla Campbell, Adriana Cortez,
Donathan Flucas, Katie Perdue, Jesus, and Eboni Wafer

- 8- pose R foot dig R arm wrapped on head hold 1-4, group 1 roll back and sit 5-8
- 8- group 2 roll back and sit 1-4, ball change R 5-6, step R 7, snap R arm up 8
- 8- group 1 (group 2 starts 3-4) R hand trace face 1-2, L arm slice across 3-4, sharp slice L 5-6, hip roll 7-8
- 8- group 2 finishes 1-2, hip roll 3-4, switch lines trace L hand down 5-6
- 8- (front line start R, second line start L) head roll 1-2, wrist flick switch 3-4, switch sides 5-8
- 8- front line low V 1-2, second line low V 3-4, R hip pop 5-6, L hip pop 7-8
- 8- step together step arms tracing up 1-4, ball change L forward arms trace down 5-6, close 7-8
- 8- chassé R 1-2, ball change R arms cross 3-4, chassé L 5-6, ball change L arms cross head 7-8
- 8- close clean 1-2, prep L arms 3-4, R single pirouette 5-6, jump out 7-8
- 8- front row R head roll to L knee tuck 1-4, back row repeats 5-8
- 8- roll up L arm point 1-2, arms down 3-4, chest pop 5-6, step together arms up 7-8
- 8- transition to columns walk arms trace down the sides 1-4, shimmy 5-8
- 8- continue transition cross arms 1-2, R hand to shoulder L hand to hip 3-4, T 5-6, close 7-8
- 8- ball change push arm R or L every other person 1-2, close 3-4, switch sides circle arm 5-6, close 7-8
- 8- ripple head roll every other direction in levels 1-8
- 8- pull back into line 1-4, three step turn out 5-8
- 8- transition to triangle flick wrists 1-8
- 8- continue transition wrap head R 1-2, wrap head L 3-4, roll down 5-8
- 8- ripple low V in levels 1-6, point up 7, point forward 8
- 8- groups 1, 3, 5- wrap L arm around head roll to stand 1-6, hold 7-8
- 8- continue groups 1-2, look front 3-4, body roll 5-6, shake hips 7-8
- 8- step prep 1-2, kick 3, close 4, walk to face back 5-8
- 1 – point to R look front 1

I Want You Here
Level 3 Social Officer Contemporary
Choreographed by: Kali Boyd, Donathan Flucas, Allie Hudak

- 4 hold
- 8 R arm gesture side 1 R hand to stomach 2 reach arms down or grab for partnering 3-4 collapse forward 5-6 pull stunt back through window 7-8
- 4 make staggers 1-2 push R leg and R arm out double 3-4 (parts 5, 7, 1) R arm circles 5-6 meet both arms in center, spiral over R shoulder 1-2
- 8 chaine in pile 3-4 parallel stag jump over R shoulder 5-6 continue jumps on 7-8, 1-2
- 8 stand up parallel to R diagonal 3-4 single R pirouette into a lunge to the front; reach forward with R 5-6 pull elbow to back to roll 7-8
- 8 roll to back 1-4 jump; arms touchdown 5-6 land in first parallel; body over 7-8
- 8 solo 1-4 or roll through spine 1-4 tendu to arms breath into first 5-6 arms pull to right 7-8
- 8 spiral over R to change formation 1-2 continue transition 3-8
- 8 R arm out to 2nd 1-2 R arm sweeps from R to L; R leg rond de jambe 3-4 R arm drops to sweep over head 5-6 down to R knee; R arm continues to circle 7-8
- 8 Arabesque L; L arm up and over to reach 1-2 roll 3-4 floor leap; land with R knee tucked and L leg extended 5-8
- 8 arms reach forward 1-2 arms over head 3-4 L knee to stand 5-6 elbow leads to wrap arms to waist; spiral to stand up 5-8
- 8 A's: chain in pile 1-2 grande jeté back attitude; arms in 1st 3-4 land in parallel, body dropped over 5-6 enveloppe R to lunge 7-1
- B's chain in pile 1-2 grande jeté back attitude; arms in 1st 3-4 roll to floor 5-8 lunge 1-2
- 8 everyone holds 3-4 R leg threads through, hips thrust to ceiling; release chest to ceiling 5-6 tuck R leg to roll to back to stand up 7-8
- 8 continue rolling to stand to back 1-4 hold 5-6 look over R shoulder 7-8
- 8 return to facing back 1-2 R leg slides out; arms cross to touch shoulders 3-4 turn over L shoulder; L foot parallel attitude 5-6 extend L leg to side; R arm reach to R 7-8
- 8 step L 1-2 fan R; L in pile 3-4 (parts 5, 7, 1) R arm reach to back; fold over R leg to floor 5-7
- 8 continue parts 1-4 roll over L extended leg 5-8
- 8 sustain standing up 1-2 roll to floor 3-8
- 4 box arms 1 flip box up 2 close box 3-4
- 8 R arm reach up 1-2 push to side 3-4 (parts 5, 7, 1) R arm small circle to L; drop over in parallel 5-7 hold 8
- 8 hold 1-4 roll up through spine to stand 5-6 R arm gesture 7 stomach & hands to mouth 8&
- 8 release hands to open 1st 1 drop over 2 skip back; arms come to shoulders; down 3-4 (parts 5, 6, 7) cross L over R; R arm feeds through L 5-6 (transition to stunt after spiral)
- 8 grab stunt and release 1-2 run with stunt to back L diagonal 3-4 stunt reverse leap 5-6 oppositional pull; look away 7-8

- 8 parallel pas de chat 1-2 look away 3-4 tuck and roll to floor 7-8
- 8 lay on floor 1-2 kick L out 3 in 4 sit up 5, 6, or 7
- 8 R leg threads through, hips thrust to ceiling 1-4 tuck R to roll to back 5-6 stand up and snack down to parallel or soloist reach away and melt arm down 7-1

I'm Legit
Level 4 Hip Hop
Choreographed by: Magaly Guerra, Katie Perdue

- 8 starting position crouched on R knee hold 1-4, step back on L foot body roll group 1
5-8
- 8 group 2 1-4, group 3 5-8
- 8 step R 1, flat hand shoulder pop 2, step L 3, L hand behind head shoulder pop 4, step
R L hand frames face 5, invert R knee 6, chasse R shoulder pop RLR 7&8
- 8 drag hands up side of body 1-3, cross arms on chest&open hands to shoulders &4,
curl hair R hand 5-6, curl hair L hand 7-8
- 8 cross arms down R leg inverted 1, box arms down 2, snake arms to box step R 3,
close feet 4, group 1 circle arms down 5-6, group 2 7-8
- 8 point down step L 1-2, pony back arms scoop pointing up 3-4, head roll R hand to
chest 5-6, L hand hip R foot popped R hand flick 7-8
- 8 switch lines roll body 1-2, roll body opposite direction 3-4, walk 5-8
- 8 pop L foot pull R arm to box 1-2, switch to L 3-4, jump to L slide arms behind 5, jump
RL arms shoot to shoulders and clean &6, lunge L punch downward RL 7-8
- 8 front line: switch lines step back L foot circle arms 1-2 close 3; back line: step
forward R pull arms 1-2 close 3; everyone money hand shake R 4-5, roll R arm
under L 6, body isolation head, chest, center 7&8
- 8 group one slides forward to low pose 1-2, group two stays stationary in middle
pose 3-4, group three slides backwards to high pose 5-6, pop 7-8
- 8 step R forward body snake 1-4, jump back on L kick R 5, switch 6, close 7, pop collar
8
- 1 hold 1
- 8 group 1 (group 2 starts 3, groups 3 starts 5) R arm shoots across 1, fan R 2, jump R
foot arms in triangle 3, roll arms down step L across 4, turn around R shoulder 5-6,
step L circle body 7-8
- 8 continue body circle 1-6, pat head R hand 7-8
- 8 lean L R arm down L arm check, pop R shoulder 2, drag R 3, throw R arm down L
arm to front box 4, slice across jazz hand 5-6, catch step kick L out 7, step LR butt
roll L &8
- 8 group 1 sits in R hip 2, group 2 sits 4, groups 3 sits 5, L hip pop 7-8
- 8 kick L jump on R 1, cross L behind 2, kick R punch arms upward 3, cleans arms 4,
look R 5-6, head roll L 7-8
- 8 push R arm down side 1, push L arm down side 2, invert L knee 3, turn out L knee
roll wrists and snap 4, step together 5, step L out 6, head nod 7, R leg cross over L
arms flexed out to side
- 8 walk to vertical line snap R 1-2, snap L 3-4, cross arms to low V 5-6, arms circle to
behind head 7-8
- 8 frame face R hand 1, frame face L hand 2, hands to shoulders 3, clean 4, walk
forward snaking body 5-6
- 8 snake from head 1-2, step out opposite direction (every other person) 3, together 4,
pony 5, jump out opposite way push flexed hand 6, jump together 7, kick L cross
arms circle 8

8 scuff L 1-4, step out 5, close 6, R hand on hip L hand on hip 7&, chest in 8
8 ronde de jambe R 1-2, pony 3-4, ron de jambe 5-6, pony 7-8
8 step R 1, touch L 2, step L 3, touch R 4, walk 5-8
8 invert knees 1-2, snake arms up flexed hands 3-4, group one snakes down 5-6,
group 2 snakes down 7-8
8 group 3 snakes down 1-2, heels switch R 3, heels switch L 4, step R flexed hands
shoulder pop 5-6, step L L hand behind head shoulder pop 7-8
1 step R snap R

Internet Friends
Level 4 Military

Choreographed by: Magaly Guerra, Yoshio Pineda, Caitlin Poulton

Beginning position in threes—two face back to back and one stands behind and center of the 2

- 4 (two groups): Flat back 1-2, hold 3, look front &4, tuck and roll to stand 5-7, rocket up 8; fingers type across back 1-3, pop out parallel &4, jump through rollers to create staggered lines 5-7, rocket down 8
- 8 (two groups in opposition): high or low Egyptian 1, prayer front 2, box front 3, rocket up or down 4, pop R elbow 5, L elbow 6, levels K 7, close diagonal rocket 8
- 8 (two groups in opposition): high or low V 1, fold either R or L arm 2, cross opposite arm 3, cross other to create X 4, swing pray 5-6, ball change push 7&, pray 8
- 8 (transition switch lines): flip R hand 1, push arms 2, rocket low 3, hips 4, step out R arms clean 5, outline computer screen 5&6, fingers type 7-8
- 8 clean 1-2, ball change push R arm 3-4, box out 5, close box side 6, flexed K 7, waitress to forehead 8
- 8 groups (1-2 or 3-4) R arm swings down to press both down, low or high V 5, switch 6, close flexed rocket 7, roll down to close &8
- 8 hit levels 1, rocket front 2, T 3, low K 4, switch to high K groups &5 or &6 or &7, pose for picture 8
- 8 tuck 1-2, roll up through spine 3-4, hold 5, broken T 6, cross rocket front &, high or low V 7, rocket &, roll down to tuck 8&
- 8 popcorn jump ripple 1-8
- 8 (transition triangle): R arm out 1, L up to make L 2, bend R arm in 3, place L on top 4, arrow 5, switch 6, daggers 7, clip turn to face back clean 8
- 8 (group sauté or toe touch): prep up in arrow 1 or 5, plié 2 or 6, sauté leap or toe touch 3 or 7, land down in tuck 4 or 8
- 8 ripple roll to back 1-7, knees bend 8
- 8 feet point up to ceiling 1, sit up 2, plank 3-4, tuck in 5-6, roll up to stand 7-8
- 8 (transition to tight triangle**): hands to hips 1, R arm bends into teapot 2, L out 3, switch 4, rebound 5-6, L arm up R cleans 7, clean 8
- 8 octopus reach at levels 1-3, close in 4, lean away front center 5-7, clean 8
- 8 (transition to files): pray 1, rocket 2, flex V 3, arms open out 4-5, hit levels 6 or 7 or 8
- 8 clean 1-2, (pick up begins 3 or 5 or 7) straight, I don't know, Egyptian, V, M, close, flower, down
- 8 continue previous phrase 1-6, prep for pirouette arms starburst 7-8
- 8 double pirouette 1-2, ron de jambe reach 3-4, hold 5-6, grande plié in 2nd diagonal broken T 7, clean 8
- 8 repeat travelling arms ** to staggered lines
- 8 fingers type 1-4, shake down to ending position 5-8

Just Keep Breathing
Level 3 Contemporary

Choreographed by: Caitlin Poulton, Luise Hooks, Eboni Wafer, McKenzie Robinson

--Beginning formation: 4 lines; Beginning position: 4 poses

- 8 (Groups): First Group—Hold 1-4, lead with R arm reaching up 5-6, passé R leg 7, reach to upstage L diagonal arms in T 8; Groups 2-4 hold
- 8 (Groups cont.): First Group—initiate R leg in parallel attitude with R arm 1-2, step L 3, dig R foot arms wrap 4, Group 2 joins Group 1 chugging R 5-6, step L to prep 7, en dedan pirouette 8
- 8 (Groups cont.): First and Second Groups—continue en dedan pirouette 1, land 2, R arms stretches to side 3-4, Group 3 joins Groups 1 and 2 contracting on 5, slide R leg to floor 6-7, roll to stand 8
- 8 (Groups cont.): First, Second, and Third Groups—continue roll to stand 1-2, face back to pose with R arm extended up diagonally 3-4, snake head to front with arms in 1st position 5-6, inward fan 7-8
- 8 Step parallel arms fist up 1, release hands and relevé 2, pull elbows in plié 3, push R leg away 4, step to downstage R diagonal 5-6, 1st group pose 7, 2nd group pose 8
- 8 Improvisation “float-y arms” 1-3, pull elbows back to face front 4, R arm breaks in to open out legs open to a wide second position 5-6, arabesque 7-8
- 8 Passé R leg arms drop to sides 1, step R leg and pivot to upstage R diagonal 2, run to corner 3-4, step L to prep 5, fouetté 6, step R leg reach to R side 7-8
- 8 Transition to switch lines (1 and 2 switch; 3 and 4 switch) 1-4, drop R arm down L on rib cage 5, arms diamond L 6, arms diamond R 7, clean 8
- 8 Reach out to angles 1-4, L leg steps to prep R arm circles around head 5-6, low chaine 7-8
- 8 (4 Group Pickup—Group 1 go 5 or Group 2 go 7): Russian pas de chat 1, turn out of leap to face downstage R corner 2-4, 1st Group lunge L leg back arms extend to a box 5-6, turn to face upstage L corner 7-8
- 8 (4 Group Pickup cont. Group 3 go 1 or Group 4 go 3): run to corner 1-2, chug and grab 3-4, stand parallel 5-6, step L leg and drag 7-8
- 8 (4 Group Pickup cont.): step R 1, chug to roll to floor 2-4, plank 5-6, melt to floor 7-8
- 8 (4 Group Pickup cont.): 2nd Group melts to floor 1-2, 3rd Group 3-4, 4th Group 5-6, Everyone extends L arm up diagonally 7, drop back to floor 8
- 8 Roll to back 1, flex feet up 2, hold 3, drop feet to floor 4, roll to face downstage diagonal in seated position 5-8
- 8 (Ripple stage R-L): R leg kicks out R arms reaches up and over to L, roll to stand, undulate through back hands on knees 1-8
- 8 (Ripple cont.): 1-4, odd lines step L 5, fouetté sauté 6, turn out 7-8; even lines step L 5, shin drop 6, roll to stand 7-8
- 8 Continue roll to stand rolling up through the spine 1-4, move to a clump 5-8
- 8 Breathe circle 1-4, head looks up to downstage L diagonal 5-6, Group 1 looks front 7, Group 2 looks front 8
- 8 Undulate out of clump 1-4, transition to staggered lines arms reach low V to high V pull 5-7, pull elbows in 8

- 8 Ron de jambe R leg 1-2, reach arms in T to upstage L diagonal 3-4, en dedan
pirouette R leg in flexed parallel attitude 5-7, land 8
- 8 Step L drop R arm down and swing it up 1-4, chassé grande plié 5-6, tilt battement
7-8
- 8 Land in parallel 1-2, contract front with arms up 3, arch up 4, transition to clump 5-8
- 5 Melt into beginning poses 1-5

Le Disco
Level 3 Camp Military

Choreographed by: Kayla Campbell, Clayton Cross, Jessie Heck, Caitlin Poulton, Eboni Wafer

Begin in staggered line

- 8 - Facing back hands cross R foot in dig hold (1-4) step R (5) L (6) turn front (7) open (8)
- 8 - Ball change R foot arms close front (1-2) rocket down (3) knees (4) flex R groups (5-8)
- 8 - Step L (1-2) push high/low with hip (3-4) change lines hands on hips (5-7) rocket up/down (8)
- 8 - Pray (1-2) flex arms head and belly (3) side v opposition (4) plié flex (5 or 6) swing push (7-8)
- 8 - Parts, A's hip switch (1-2) circle (3) sit (4) B's hips (5-6) circle (7) sit (8)
- 8 - Pop hip (1-2) circle with broken T (3) slice L (4) R arm out (5) turn R arm up (6-7) cross arms (8)
- 8 - Ball change press (1-2) close (3-4) A's swipe drop (5-6) B's swipe drop (7-8)
- 8 - Snake (1-2) pop left foot (3) step (4) walk to diamond arms in, up, open, down (5-8)
- 8 - Hip circle (1-2) push (3) look (4) high/low V (5) hold (6) tuck arms on legs (7-8)
- 8 - Rocket jumps, A's (1-2) B's (3-4) levels pose push (5, or 6, or 7) clean (8)
- 8 - Step (1-2) wrap prep (3-4) pirouette push arms up (5-6) push down drop (7-8)
- 8 - Clean (1-2) broken T (3-4) traveling to lines rocket front (5) flex (6) open (7) clean (8)
- 8 - Parts starts 1,3,5,7: Slice (1-2) switch step behind (3-4) turn (5-6) plié slice (7-8)
- 8 - Elvis arm circle (1-2) pump with box arms until last group catches up (5-8)
- 8 - Everyone pumps together 1-4) face back hip roll (5-6) push R hand up down (7-8)
- 8 - Parts start 1,5: A's push releve (1-2) walk front switch arms (3-4,) chasse (5-6) step (7) battlement (8)
- 8 - Step (1) down (2) B's finish (6-7) R arm up (8)
- 8 - Push arms down travel to diamond (1-4) hands on hips (5-8)
- 8 - Slice ripple front to back (1-8)
- 8 - Hip roll (1-2) Slice low V (3-4) clean together (5-6) swing arms to flex (7-8)
- 8 - Sit R (1) sit L (2) circle arms over head (3) sit (4) pop hips (5) melt (6-8)

Lessons in Love
Level 4 Kick 2013

Choreographed by: Casey Potter, Synde Miller, Mackenzie Robinson, Monique Jordan

- 8 hold 1-2, contagion outside to in- alternating straights RLR
- 8 R 12, L 34,R 56, pop jump 78
- 8 b/c seconde &1, b/c cross &2, R cross kick 34, R fan 56, R corner 78
- 8 L envelope 1-4, butt flick 56, invert R leg 78
- 8 bell extend back 1, front 2, pas de bourre 34, L corner kick 56, R front 78
- 8 L straight 12, cross L over 3, seconde 4, R developpe 56, R chasse 78
- 8 three L fans 1-6, tendu R back 78
- 8 R graduates to corner, point 12, waist 34, high 56, L passe change corner 78
- 8 2 sets of exercise kicks
- 8 cabriole L waist kick 12, step 3, inside pirouette R leg in passe 4, connect 5, L kick 6, head up 7 look front 8
- 8 three straights RLR 1-6, twist L 7, twist R 8
- 8 "Jive" R cross flick 1, open R flick 2, back 3, developpe kick 4, R cross flick 5, L flick 6, L passe 7, L personality kick 8
- 8 L chasse 12, step R 3, L cross passe 4, L back b/c 56, step L 7, R fouette arabesque 8
- 8 two straights LR to L corner 1-4, same to front 5-8
- 8 two straights LR to R corner 1-4, same to front 5-8
- 8 bell to coupe 1&2, b/c 34, R passe walk 5, L passe walk 6, L rond de jambe 78
- 8 ripple- two steps RL, pivot extend R leg front, step RL, R cross battement, L b/c, pose R arm over head
- 8 ripple cont'd
- 8 (groups 1/3/5) R rond de jambe 12, look back 3, look front 4, flick to back 5, step 6, arms rocket 7, hook up 8
- 8 g2 ends 12, g3 ends 34, flick R cross 5, flick R open 6, pas de bourre 7&8
- 8 R inverted fan 1-3, step L 4, layout catch step 56, chaine 7, hook 8
- 8 R knee pop 1, switch 2, hip 3, every other person turn back 4, straights RL 5-8
- 8 front row cont straights RLRL
- 8 back row double prep 12, kick on odds R 3, L 5, R 7, clean 8
- 8 front row two step kicks RL 1-4, jump straights RL 5-8
- 8 back row touch toes 1, body up 2, step L kick 34, jump straights RL 5-8
- 8 clean 12, separate ever other front or back 34, chaine 56, level 7, pose -1

Let the Groove Get in
Level 2 Jazz

Choreographed By: Adrianna Cortez, Donathan Flucas, Monique Jordan, Katie Perdue

Start R foot in dig, focus down

- 8 Hold 1-2, Groups front to back 3/7/3: Tendu R front 3, back 4, rond de jambe front to back 5, sit 6, hip roll 7, sit 8. Continue hip roll as next group starts 7-8
- 8 Finish group 1-2, last group 3-6, everybody hip roll 7, sit 8
- 8 Hip roll, pushing arms down 1, sit 2, step L 3, flick R foot 4, cha-cha right 5+6, step front L 7, pivot 8
- 8 Step L 1, touch R 2, walk to two lines, opening arms 3-6, wrap body 7-8
- 8 Ball change R pushing arms, 1+2, Groups stage R to L 3/5/7: Shimmy 3, collapse down 4, snake up 5, group continue 6-8
- 8 Finish groups 1-2, circle arms and R leg 3, prep +4, single pirouette 5-6, jump out 7, hold 8
- 8 Hips swoop R 1, left 2, pump chest 3+4, triplet front or drag back 5+6, posse 7, ball change +8
- 8 Tap R foot and sit 1+2, L 3+4, roll to stand or walk forward 5-8, facing opposite sides
- 8 Salsa L foot 1+2, R 3+4, 3 step turn 5-7, clap +8
- 8 Ripple stage L to R front line, stage R to L back line, to salsa pose 1-6, bounce hip 7-8
- 8 Roll wrist and hips 1-2, circle arms to clean 3-4, Groups stage R to L 5/1/5, run 5, 6, grande jete 7, step through 8
- 8 Tendu out 1, collapse down 2, finish groups 3-8
- 8 Finish groups 1-2, snake up 3-4, snake right in pli e 5-6, snake L 7-8
- 8 Bounce R arm to T 1, L arm 2, ball change to the R 3-4, pas de bourree turning 5+6, cha cha left 7+8
- 8 Ball change L behind 1-2 Tap R forward 3, back 4, L back 5, front 6, snake under right arm 7-8,
- 8 Groups stage R to L 1/3/5: flick r leg 1, tendu through 2, Finish groups 3-5, Sous-sus 7-8
- 8 Walk to straight line, R hand to head 1 L 2, arms open 3-4, shimee 6-7, close 8
- 8 Groups 1/3/5/7: step L,R roll upper body 1-2 Repeat as each group joins in 3-8,
- 8 Ripple stage L to R: scooping L arm and L leg to posse, facing stage R, with L foot tendu downstage and L arm on person in front 1-8
- 8 Combre back 1-2 Pop up 3, turn front 4, stagger 5-6 with R foot popped, bounce 7, bounce with arms 8

Let's Go
Level 5 Pom

Choreographed by: Kali Boyd, Adrianna Cortez, Sarah Duarte, Allie Hudak, Erica Sowell

Begin in triangle in levels, poms behind back

- 8 Hold (Let's-1) Groups swing to rocket (2,3,4) Hi V (5) bend R (&) punch R (6) Low V (&) circles to low rocket (7&8&)
- 8 Cover Face (1) K inside back to front (2-5) bend K (6) low R check (7) Circle to Hi V (&8)
- 8 Drop over (1) jump out (2) Arch up front to back (3,4 or 5-6) punch RL Together (7&8)
- 8 Walking to two lines pump arms (1&2) broken T (3) punch front (&) T (4) step touch opposite ways (5-8)
- 8 Switching Lines chest pops (1-4) drum arms (5-6) roll to touch down (7-8)
- 8 Pom toss (1-4) W (5) Elvis (&6) turn to prep (7-8)
- 8 Sissone (1-2) Group A: Roll to floor (3-4) pivot (5-6) walk (7-8) Group B: Walk front (3-4) walk with pull arms (5-6) swivel arms (7-8)
- 8 Pivot turn (1-2) run (3-4) Soute chat (5) land (6) put poms in feet (7-8)
- 8 Roll to back (1-2) open legs (3-4) ripple to stand (5-8)
- 8 Finish Ripple (1-8)
- 8 Prep (1-2) turns a la seconde (3-8)
- 8 Double Pirouette (1-2) Ball change (3-4) walk to V with shaking poms (5-8)
- 8 Jump to second arms punch to outside hi diagonal (1) swing inside arm down (2) chest (3) face center punch out (4) windmill ripple away from center (5-8) center girl toe touch (7-8)
- 8 Moving in column chasse (1-2) arms to chest (3) starburst level (4) double punch level (5&6) Chest (7) Rocket (8)
- 8 Walking away from center to reverse V front rocket (1-2) chest (3-4) circle arms 2X (5-8)
- 8 Parts out to in starting (1,3,5) G1: Walking back touch down arms (1-2) low V (3) behind back (4) low v (5) close (6) pivot turn (7-8) G2: pick up on (3), do same as first group pivot on (7-8), G3: pick up on (5) cut jump on (7-8)
- 8 Jump to second (1-2) box arms (3&) L Diagonal (4) circle to hi V (5-6) break out close (7&8)
- 8 Step touch parts front to back starting 1,3,5 (1-8)
- 8 bend K (1) switch sides (3) chest pops (5-6) punch (7&) drop over (8)
- 8 Arch up (1-2) pas de bourre turn L rocket L (3-5) close and step (6) arms to chest step L (7) R pitch kick (8)
- 8 Soutenu out (1-2) walking to straight line shake (3-4) Indian (5) open (6) diagonal (7) chest (8)
- 8 Swinging parts (1-8)
- 8 Peel off and move to diamond (1-8)
- 8 crazy arms r candlestick (1) punch up (2) switch (3) drop L (4) switch (5) cheerleader (6) circle (7) hi V (8)
- 3 L soutenu (1-2) jump out to SL throw poms down (3)

My Kind of Love
Level 3-4 Modern

Choreographed by: Kali Boyd, Magaly Guerra, Donathan Flucas

- 8 hold 1-4 L hand to shoulder 5 R arm swing across 6 turn around partner 7-8
4 melt down legs into pile 1-2 degage flex inside pirouette; arms over head 3-4 Or
reach to partner 1-4
- 8 shoulder roll 1 punch arms down 2 box R, L 3& sweep arms across 4 circle arms
fountain to low 5th position; legs R/L to 2nd 5-6 forced arch R 7 sweep R arm & L
arm up and over 8
- 8 run to partner 1-2, A: table 3-4, inversion 5-8; B: jump around partner 3, roll to
ground 4-5, reach 6, roll to stand up 7-8
- 8 all together: pique flexed foot pull arms down 1-2, step behind brush L arabesque 3-
4, step RL 5&, saute attitude 6, jump front 7, R arm &, L arm 8
- 8 jazz square reach 1&2&, drag to back 3-4, run to transition 5-8
- 8 saute slice R 1, L 2, ball change 3&, pile fan 4, unwind 5, step RL 6&, attitude tilt 7-8
- 8 turn out 1-2, opposition by A/B lines windmill reach 3-4, run RL 5&, jump 6, run to
partner 7-8
- 8 partnering 1-8
- 8 roll away from partner 1-4, reach to partner 5-6, transition to triangle 7-8
- 8 chug L 1&, arms swivel around head 2-3, look behind 4, mummy swirl 5-6, drop
swing jump 7-8
- 8 (1 3 5) lunge reach 1, fold over R leg 2-3, roll on back 4-5, reach to R 6, reverse roll 7,
L leg extends 8
- 8 touch 1, attitude 2, roll to tuck 3-4, finish groups 5-8
- 8 snake up 1-2, heart with hands stand up 3-4, windmill R 5, elbow leads to transition
to scatter 6-8
- 8 head roll R in levels 1-4, arms reach to box 5, drop over knees 6, R arm 7, wrist &,
pull in 8
- 8 rond de jambe to form lines RL 1-2, reach away 3-4, A: run through 5-6, reach and
collapse 7-8; B: tuck roll R 5-6, reach extend R leg 7-8
- 8 A: run around to grab partner 1-4, pick up partner 5-6; B: roll to stand 1-6; ALL: L
arm reach up and over 7-8
- 4 separate from partner 1-2, reach or collapse to fade 3-4

Pom Poms
Level 2 Social Officer Pom
Choreographed by: Magaly Guerra

Beg. Pose: Arms crossed resting on head, R dig out (Triangle point F)

8-Shake hips RL 1-2 Repeat 3-4 Sunshine arms to clean, shaking hips 5-8
8-Step on R foot to face F, punch R arm front 1 L arm punch F 2 scoop both arms down, weight on L foot 3-5 break high V, step out w/ R leg & 6 hold 7-8
8-Low wipers to the R 1-2 Reverse medium 3-4 High to the R 5-6 L extend F, R box connected at elbow 7 R arm low V, L arm hip 8
8-Punch R arm across to lower L diagonal 1 cross L on top 2 Punch R arm back to split V, flatback 3-4 Snake up, arms rise 5-6 clap 2x box 7-8
8-Sway R, L arm at head R arm at hip 1-2 Reverse 3-4 Repeat sway, L arm cheerio R arm pocket 5-6 Reverse, feet close together 7-8
8-Contagion L to R, R arm circles over head, step out with L foot 1-4 L arms, step out L foot to the F with bounce 5-6 Repeat 7-8
8-*Transition**L arm rabbit ear, R arm clean, alternating pony 1-2 Reverse 3-4 Repeat 5-8
8-Shake poms face level 1-2 clap poms* 3-4 **Parts (5,6, or 7): *Step out L, hinge R with left K* hold 8
8-Chasse R, arms in T 1-2 b/c L, arms cheerio 3-4 three step turn to the L, broken T arms 5-7 cross arms over chest 8
8-R kick to L corner, L arms left up 1-2 Pivot towards back on R foot, arms grab around 3-4 jump on forced arch facing B, arms crossed over head 5 hips shake RL 6-7 hold 8
8-**Parts (1,3):* Step back on R leg to face F, low V 1-2 Repeat with high V 3-4* b/c R back, arms cross in front R over L 5-6 Passe R to L corner, arms T 7 chasse 8
8-Chasse 1-2 step L 3 R jete 4 land together clean, 5 hit hands on side of body 6-7 clasp 8
8-**Parts (1,3):*R kneel, R bow&arrow 1 L kneel, switch arms L down 2 Punch R to L side 3 low V 4 circle arms open to sit 5-6 sit to diagonal 7-8
8-Jump feet together 1 open R split in air 2 land pike 3-4 sit with legs to side, R arm over head 5-6* 2nd group finishes 7-8
8-R arm extends up to down 1-2 roll to stand 3-6 feet close together, arms crossed behind back 7-8
8-Transition**Step R, arms hit thighs 1 feet close, arms circle to clasp 2 Reverse 3-4 shake poms 5-7 clean 8
8-Open feet second, L diagonal 1 Reverse 2 break half T to angle 3 Punch R to L angle, L arm to shoulder 4 circle both arms down towards R 5-6 dagger R 7 Reverse 8
8**Parts (1,3): *Step R towards L backside, arms circle to the R 1-2 Sit on R hip L dig out, L arm behind back R check 3 switch 4* keep going with 2nd group 5-8
8-Releve facing L, arms clean behind back 1-2 fourth position L prep, arms cheerio to L pocket 3-4 single pirouette, broken T 5-6 land open second, arms low V 7-8
8-break to T 1 cheerio 2 close cheerio to L side 3 extend arms to L 4 clip L foot back, R bow&arrow 5-6 clip turn, arms slice to opposite side 7-8
8-Levels (Low, Med, High):R Kneel, L "L" 1-2 L kneel, break L to clean R to T 3-4 **Parts (5,6,7): Rocket 5 circle around to clean 6* finish 7-8

8-R arm cross to L corner down 1 R arm high V 2 Reverse 3-4 **Parts (5,6,7): Rocket 5
break to clean 6* finish 7-8

8-Step out with R dig, arms crossed over head shake hips RL 1-2 Repeat 3-4 kneel to stand,
elbow R 5-6 Reverse to stand 7-8

8-Transition**Slide R, slice L arm to R side 1 jump together, R box up 2 Reverse 3-4
touchdown top to bottom 5-8

8- Sway R, L arm at head R arm at hip 1-2 Reverse 3-4 b/c LR crossing R over, arms low V
5-6 turn over L shoulder, clean arms 7-8

8-b/c R back, R arm extends top to bottom L connects to elbow 1-2 step R, R arm check L
behind back 3 Reverse 4 jump open second, arms circle sunshine 5-6 flatback to floor, arms
extend down 7-8

4-Snake up, arms slide through body 1-2 hit pockets 3 L dig, L arm pocket R arm throws
pom to floor 4

Reach for the Stars

Level 1-2 Pom

Choreographed by: Lisa Barry, Kali Boyd, Allie Hudak, Emma Jones, Lyndsay Renger, Julie Rowley, Eboni Wafer

Start in straight line facing the back

- 8 Ripple to face SL shaking low v (1-4) chaser ripple to face SR arms in L (5-8)
- 8 Finish Ripples (1-4) step front or back to make two lines (5-6) punch (7) clean (8)
- 8 Jump claps opposing ways (1-4) punch opposing arms down (5) switch (6) drop over (7-8)
- 8 Arch up and around (1-4) chest pops (5-6) punch Down (7) close (8)
- 8 R low check (1-2) pump (3-4) punch R arcross (5-6) shake around (7-8)
- 8 Sit (1-2) Rocket (3-4) low V (5-6) Chasse L (7-8)
- 8 Look side (1-2) look front (3-4) back line: Circle up (5-6) hold (7-8) Front line hip circle (5-6) circle up (7-8)
- 8 Walking to triangle circle arms behind head (1-2) R hip (3) L hip (4) R L v (5) L (6) circle arms to close (7-8)
- 8 Parts front to back 1,3,5: Hips (1-2) Rocket to tuck (3-4) Level body arms to chest (5-6) sunshine (7-8)
- 8 Finish groups (1-4) chest (5-6) back to level (7-8)
- 8 Chest (1-2) cheerleader away from center (3-4) circle arm 2X to hi V (5-8)
- 8 Rocket (1-2) tuck (3-4) Popcorn ripple (5-8)
- 8 Jump out to second (1-2) pump chest (3-6) whip (7-8)
- 8 Walking to two lines shake (1-4) punch (5) close (6) punch (7) close (8)
- 8 Triplets traveling through each other (1&2) walk (3-4) step Rocket (5-6) face side (7) jump together (8)
- 8 Repeat previous 8 going back (1-8)
- 8 Parts SR to SL 1,5,1: L Diagonal (1-2) bend (3) switch (4) straighten (5-6) drop to L knee (7-8)
- 8 Drop to floor SR (1-2) Finish parts (3-8)
- 8 Finish parts (1-2) step L foot back (3-4) Arch up (5-7) hi or low rocket (8)
- 8 Shake to change rocket (1-4) reverse (5-8)
- 8 Prep (1-4) pirouette (5-6) jump out (7) hold (8)
- 8 K opposite ways (1-2) bend (3-4) straighten (5-6) broken T (7) switch K (8)
- 8 Swing to rocket (1-2) walk to straight line shaking arms down (3-8)
- 8 Shake leaning front or back (1-4) rocket down or up (5) center (6) switch (7) center (8)
- 8 Parts SR to SL Stepping to SL Lt L (1,2,3,4) switch L (5-6) drop over (7-8)
- 1 Jump to 2nd facing SR everyone drop poms or punch R pom and shake

Red Hot Kinda Love
Level 3 Camp Jazz

Choreographed by: Erica Sowell, Yoshio Pineda, Emma Jones, Annie Forman, Lisa Barry

Start in two lines, facing the back. Left foot crossed over right (at knee) with left arm draped over head, right arm on hip (thumb front), looking R

- 8 Hold 1-4, left arm opens, down to side 5-8
- 8 Left foot rond de jambe to turn body to front 1-3, sit in L hip with R foot popped 4, R hip and shoulder roll 5-6, ball change R L +7, step R and snap right hand 8
- 8 Walk, switching lines 1-2, cross L, left arm by ear, 3, unwind 4, jump feet together in forced arch, swivel arms over head 5-6, jump to second, arms to low V 7, shift weight to left bring left hand to hip and cross R arm over center 8
- 8 Groups 1/3/5: Drag onto R, arms in L 1, step 2, battement in second 3, land 4, lunge R scoop left arm 5, turn body to L circle R arm above head to shoulder level 6
- 8 Finish groups 1-2, dig R both arms to hips 3, prep 4, double 5, plié 6, push up 7, step out R arms to T 8
- 8 Forced arch walk L, leave arms 1-2, ball change, crossing LR, snapping down 3, step L, wrapping arms 4, unwrap as transition to triangle 5-8
- 8 2 groups, alternating: Feet together, Swivels upper body into plié 1-3, jump to second, flat back 4, 2nd group swivel 5-7, everyone jump to second, weight in L, arms over head, crossed at wrist 8
- 8 Body roll, swiveling arms witting weight to R, 1-3 pop L hip +4, cross L, L arm to ear, unwind 5, plié, feet together (downstage L corner) 6, sauté with R straight, L attitude, L arms 7 to ground 8
- 8 Ripple B/F: rond de jambe R to stand facing back 1-7, dig R hands to hip 8
- 8 Facing sides, moving to staggered lines, walk 1-2, chasse 3+4, scoop L arm 4, by ear 5, break push 6, cross wrists 7, sit back on L, arm in low V 8
- 8 Groups by lines 1/3/5/7: ball change R front 1-2, passé R circle arms 3, sit 4 dig L, arms to broken T, push down arms turn 6, R knee pop hold 7-8
- 8 Pop L, bend elbow 1, pop R snap down 2, repeat as groups finish
- 8 Chassé to stage L 1+2, step front 3, grande jete 4, arms high V, step out to second 5,6 hand to hips 7, to head 8
- 8 "Yawn" arms, walking, 1-4, clump together 5-8
- 8 Lean R 1, L with arm on hip 2, swim R arm 3 to behind head and squat 4, jump to second L arm forward 5, hold 6, L elbow 7, R elbow +, R punch down 8
- 8 Arms to head, look up 1, down 2, step out R 3, L 4, L arm swings down 5-6, step back L, R arm to forehead 7, pop hip +8
- 8 R chassé to spread out 1+2, walk 3-4, passé walk 5-6, turn 7, step out 8
- 8 Ripple stage L to R, snake from head to front 1-8
- 8 Transition to lines arms open through third, wrap R arm over to wrap shoulders 1-8
- 8 Ball change L back, arms in T 1,2 prep 3, battement front 4, arms float down 5-6, turn back 7, snap front

Remix
Level 2-3 Officer Pom
Choreographed by: Casey Potter

Beginning Position: clean to back in a triangle

- 8 hold 1-3, jump wide seconde 4, hold 5, arms up to cheerio 6/7/8
- 8 outside V swivel cheerio to R 1-2, swivel to low Left 3-4, kneel R 5-6, circle cheerio to R hip face front 7-8
- 8 inside of triangle swivel cheerio to R 1-2, swivel to low Left 3-4, kneel R 5-6, circle cheerio to R hip face front 7-8
- 8 R hand down 1, kick L 2, L hand on L knee 3, rainbow R 4, small circle at elbow 5, extend low V 6, cross 7, step out L arm V, R arm T "TV" 8
- 8 bend elbows tap R 1, TV 2, soutenu 3-4, walk hands in pockets shoulders back 5-6, wrists to R 7, wrists L 8
- 8 clean 1-2, circle arms 3-4, fan face 5-6, tuck with hands tabletop TD 7-8
- 8 ripple L-R stand seconde hands swoop to back 1-4 lasso R high V 5-6, lasso low V 7-8
- 8 clap 1, b/c R up 2-3, step front T 4, box to R side 5, look front 6, shake poms around to back 7-8
- 8 cont shake and hips 1-2 every other person low V to front or plie flat back reach 3-4, switch pose 5-6, low V front shimmy 7-8
- 8 cross at chest step 1, L pass low V 2, big circle step L 3, rocket 4, swing Right to back L 5-6, switch L 7, circle R 8
- 8 R low V 1, break elbow pom to shoulder 2, hip roll 3-4 body over 5-6, tabletop cheerio 7, L hip bounce & 8
- 8 transition to staggers: R step touch elbows in side poms swing behind 1-2, swing L 3-4, quick switch at pocket 5-6 cheerio with roll 7-8
- 8 repeat step touch 1-4, shake at chest 5-8
- 8 (groups 1/3/5) R high V 1, L high V 2, R low V 3, both low V 4, pirouette hands on hips 5-6, two run out RL 7-8
- 8 R jete 1-2, walk RL 3-4, face back bevel R 5, hold 6, group 2 bevel 7, hold 8
- 8 rocket 1, swing to R low V 2, wrap R hip swivel front 3-4, ripple R-L arms flat V shake 5-8
- 8 dig R bend arms 1, undo 2, K 3, high V &, opposite K 4, flick poms 5-6, flick 7-8
- 8 (L half) circle cheerio to L hip 1-2, punch R then L to R hip 3-4, hold 5-8
(R half) poms to L hip dig R ft 1, hold 2-4, circle cheerio to R hip 5-6, punch L then R to L hip 7-8
- 8 outside elbow pulls to tendu pirouette 1-2, shake poms at chest to triangle 3-8
- 8 low L rocket 1, chest &, high R rocket 2, open L arm flower to diagonal 3/4/5 break &, open 6, switch diagonal 7, clap 8
- 8 "flower" punch back arm high V 1, front arm T &, back arm to ground 2, reverse 3, back to high V 4, circle over face to low V 5-6, switch inside low V hip 7, switch 8
- 8 (g1) cheerio to R hip-L ft crosses behind 1-2, (g2) cheerio to hip 3-4, (g1) cheerio overhead unwind ft 5-6, (g2) unwind 7-8

- 8 step hands to R shoulder 1, L shoulder 2, step seconde T 3, sit and wrap L arm front 4, circular release 5, wrap R over 6, cross 7, sit low V 8
- 8 (groups 1/3/5) step L 1, releve punch L arm tabletop 2, step R behind 3, slice to rocket &, flower open to low V 4, g2 ends 6, g3 ends 8
- 8 swivel cheerio to R 1-2, swivel to low Left 3-4, kneel R 5-6, circle cheerio 7, sit on R hip 8
- 8 (groups back to front 1/3/5) back group- pike swivel legs to R 1-2, roll back to stand 3-6, circle R arm to low V 7-8
other groups- hold 1-2, middle section pike swivel 3-4, front section pike swivel 5-6, circle R arm 7, sit on R hip 8
- 1 extend L leg, L arm T

Rescue Me
Level 2 Field Pom

Choreographed by: Lisa Barry, Adrianna Cortez, Jessie Heck, Kacey Lee

- 8 hold 1-4, parts low V 5, T 6, high V 7, hold 8
- 8 step together and cross arms 1-2, circle to cheerio 3-4, angle 5, angle 6, pray 7, rocket 8
- 8 clip turn shake poms 1-4, arrow 5-6, punch to side 7-8
- 8 ripple L to R 1-4, ripple R to L 5-7, pop to high V 8
- 8 (parts 1, 3, or 5) rocket 1, turn 2, T 3-4, cheerio (pickup) 5-6, 7-8, 1-2, 3-4
- 8 circle arms around 5-7 pray 8
- 8 pony 1-8
- 8 punch arms to low V 1-2, cross over head 3-4, open 5-6 (parts to ball change 7-8 or 1-2)
- 8 run, run, leap to side 1-8
- 8 ball change, push back 1-2, break arms down 3-4, three step turn 5-8
- 8 "alligator" opposite sides 1-2, switch 3-4, first line circle 5-6, back line circle 7-8
- 8 pivot to switch lines 1-2, arms "march" 3-8
- 8 (parts 1,3,5) halt T 1-2, "touchdown" 3-4, swing 5-6, step battement 7-8
- 8 finish parts 1-6, jump to second position crossed arms 7-8
- 8 step T 1-2, step "touchdown" 3-4, "waterfall" arms down 5-7, look front 8
- 8 (transition to triangle) step touch 1-4, step clap 5-8
- 8 low check 1-4, high check 5-8
- 8 rocket 1-2, prepare 3-4, pirouette 5-6 (hands on hips) jump out 7-8
- 8 ripple "cheerio" R to L 1-8
- 8 ripple back to front rolling to floor 1-8
- 8 parts (1,2,3) "starburst" roll R hip 4, break arms out 5

Say Anything
Level 4 Modern

Choreographed by: Magaly Guerra, Allie Hudak, Yoshio Pineda, Erica Sowell, Michaela Vermeulen

Being in circle formation, all dancers seated except for center soloist

8 – GROUP A: hold (1-2) snake up (3,4) ball change R leg back, arms gesture to L hip
(5,6) step R,L to face back and reach arms up (7,8)

GROUP B,C: hold (1-8)

8- GROUP A: Release to sit (1-2) high release extending through limbs (3-4) slowly
sit up (5-8)

GROUP B: Rainbow jump to feet (1-2) roll up (3-4) soutenu (5-6) flick release (7-8)

GROUP C: Hold (1-6) jump up (7-8)

8 – GROUP A: Hold (1-4) roll to stand (5-7)

GROUP B: Roll to floor (1-4) roll to stand (5-7)

GROUP C: Make a heart (1) Flick (2) elbow (3) push (4) roll to stand (5-7)

ALL: Pique to arabesque (8)

8 – pull leg in (1-2) jump back (3-4) run to two lines (5-6) shift (7-8)

8 – Reach up and over through grande plie (1-2) turn in attitude (3-4) sissone to front (5-6)
roll up or run to partner (7-8)

8 – A's: Three step turn R arm reaches (1-2) sit back (3-4) catch partner (5) lift (6) shift
formations (7&8)

B's: Three step turn (1-2) pinche (3-4) fall into partner lift (5-6) shift formations (7-
8)

8 – scoop arms (1-2) parallel attitude (3) fnette (4) run to diagonal and shift to back
diagonal at random (5-8)

8 – flexed foot opens (1) close (2) swirl front (3-4) soute in coupe (5-6) run to formation
(7-8)

8 – head roll (1-2) step lunge (3-4) fall to floor (5-6) slide to knees (7-8)

8 – reach fall (1-2) shift to soloist (3-4) open and over R foot (5-6) roll stand to stand (7-8)

8 – finish rolling (1-2) run to straight-line (3&4&) reach up or release over (5-6) recover
(7-8)

8 – ripple SL to SR (1-4)

Seven Nation Army
Level 2-3 Field Pom

Choreographed by: Jesus Acosta, Magaly Guerra, Allie Hudak, Sarah Peterson, Eboni Wafer

- 8 – hold in levels (1-4) Group A pop up L away from center or low V on center (5) Group B (6) Group C (7) everyone shake (8)
- 8 – Lt hi L front (1-2) pull Lt down (3-4) drop R arm down (5 or 6 or 7) hold (8)
- 8 – chest (1) cheerleader (2) swing (3) hit (4) tuck (5-6) stand up (7-8)
- 8 – Walking to two lines shake (1-4) broken T (5) punch cross front (6) swing to T (7) close (8)
- 8 – Alternating ways chasse (1-2) swing arm to face side ball change (3-4) pas de bourre turn back to your window (5-7) rocket hi or low (8)
- 8 – Swing to change rocket (1-2) again (3-4) step R T arms (5-6) pivot to back (7-8)
- 8 – Step touch with punch arms (1-4) hips (5-8)
- 8 – Back row drop to SL (1-2) front line turn to SL (3-4) roll or three step turn to switch lines (5-8)
- 8 – Cannon SR to SL starting on 1,5,1: windmill arms (1-4) push back (5-6) drop over (7-8)
- 8 – Hi V to back (1-2) turn front lo V (3-4) finish groups (5-8)
- 8 – Finish groups (1-4) ball change R arrow arm (5-6) close (7) hold (8)
- 8 – Walking to circle: Knocking arms R (1-2) L (3-4) both (5-6) candlesticks (7) close (8)
- 8 – Rocket tuck ripple (1-8)
- 8 – Spiral ripple (1-8)
- 8 – Finish ripple, re-grab poms (1-4) stand (5-6) turn front hands to chest (7-8)
- 8 – Walking to straight line: shake (1-2) R diagonal (3-4) bend R (5) punch through (6) low V (7) close (8)
- 8 – Two Groups: A's step forward R arms to T (1-2) close (3-4) squat swinging arms (5-6) jump out to second low V arms (7-8) B's do the reverse of the A's.
- 8 – A's: Walk forward arms shaking up and over (1-4) walk back shaking poms on back (5-8) B's: Walk back shaking at chest (1-4) walk forward arms shake up and over (5-8)
- 8 – A's pivot turn (1-2) chasse (3-4) soute chat (5-6) land (7-8) B's: chasse (1-2) soute chat (3-4) land (5-6) hold (7-8)
- 8 – Roll to stand (1-4) hip with arm swing (5-7) hold (8)
- 8 – Walking back to original two lines swinging arms behind (1-8)
- 8 – Prep for pirouette (1-4) single pirouette (5-6) jump to second (7) jump to close (8)
- 8 – Alternating ways chasse (1-2) swing arm to face side ball change (3-4) pas de bourre turn back to your window (5-7) rocket hi or low (8)
- 8 – Swing to change rocket (1-2) again (3-4) step R T arms (5-6) pivot to back (7-8)
- 8 – Step touch with punch arms (1-4) hips (5-8)
- 8 – Back row drop to SL (1-2) front line turn to SL (3-4) roll or three step turn to switch lines (5-8)
- 8 – Chasing Ripples starting on 1,5,1: drag to one line punching L arm front, punch both arms to hi diagonal back
- 8 – Last chasing ripple, windmill to break into two lines (1-8)
- 8 – Windmill arms (1-4) push back (5-6) drop over (7-8)
- 8 – Hi V to back (1-2) turn front lo V (3-4) ball change swinging arms to arrow (5-6) close clean (7) hold (8)

8 – walk back to beginning triangle: Knocking arms R (1-2) L (3-4) both (5-6) candlesticks (7) close (8)

8 – Tuck (1-2) Level with R diagonal arm (3-4) break diagonal (5) back (6) chest (7) cheerleader away from center (8)

8 – Every other line circles arm (1-2, or 3-4) ripple front to back to tuck/bug (5-8)

2 – Rocket in levels (1-2)

Sexy People
Officer Pom Level 3-4
Choreographed by: Rosie Torres

- 4** Start in Staggered lines. Hold wrapping pose 1-4
- 16** Gp1 releve with 'L' arms (1), step back with right leg and center 'L' arms (2), three step turn towards audience with clean arms, L,R,L (3&4), right chasse, with double 'T' pressing arms, (5&6), step left with arms crossing on chest (7), grand jete with touchdown arms (8) Recover from grand jete bringing touchdown arms straight down and clip turn over left shoulder to side (1-2), left hip roll and bring hands to hip (3), slide hands to ankle (4), hold (5-6), rollback (7-8). Gp2 Holds (1-2) begin combination (3-8) continue (1-6) hold (7-8)
- 16** Gp1 continue rolling up to standing (1-2), triplet to the back with touchdown arms to prep (3&4), low chaine 'C' arch to collapse lunge, with right hand on back of hip and left arm on floor, (5-8) Gp2 Begin rolling up to standing (1-4), chaine 'C' arch to floor (5-8)
- 8** Gp2 Continue 'C' arch to the floor (1-2), all hair whip up sliding left Pom on side of left leg, (3-4), all walk to triangle form with arms crossing over head and melting down(5-8)
- 8** (Hip Hop Section) Slap Pom on thighs as you step together step forward, (1&2), salsa to the left with arms going over to clean (3&4), right foot point out in out with matching bow and arrow arms (5&6), sit tuck twist (7), clean to center with arms by hips (8)
- 8** Starburst (1&2), body roll to center with arms to pray position (3-4), punch out to starburst (5-6), pray (7), prep (8)
- 8** Double pirouette with arms in half 'T' (1-2), step out to right side with left arm in circle motion (3), swim with right arm (4), scoop arms in low parallel and close right leg twisting to center (5), 'crazy feet'- step out left with right leg extended, step into center with right hook left, step back left hook right, step forward right, step forward left, step back to center with right, (6&7&8&)
- 8** Ronde de jambe with pressing arms into half 'T' (1-2), step right to second and hold half 'T' arms (3), punch arms to parallel and back into half 'T' (&4), snake into walking to circle formation with a soloist in center (5-8)
- 8** Soloist: Leg grab (1-4), step right with low V arms and twisted body (5-6), illusion (7-8). Circle Group: Sit and roll (1-4), right leg full extension while hands on the floor (5-6), collapse (7-8)
- 8** Soloist: Pencil turn (1-2), prep (3-4), double pirouette with high cheerio arms (5-6), step forward with high V arms (7-8). Circle Group: Leg curve on floor (1-2), roll up to standing (3-4), twist turn (5-6), begin transition to straight line (7-8)
- 4** All continue walking to straight line while sharing poms in pray position.
- 40** Leap Combo: Gp1- Step forward with right leg and high V arms to prep (1-2), low chaine straight leg axle recover (3-6), low chaine to right side (7-8) grand jete with back leg in attitude and arms in broken L pencil turn recover (1-2) step prep to right side (3-4), double pirouette arms in half T (5-6), Sauté straight leg to runners lunge (7-8) (1-2), rotate hip to back while sliding with left arm in high V (3-4), roll to stomach and into drill team collapse (5-8) Breakthrough touchdown arms while on

- knee (1-2) hold (3-8) Gp2: hold (1-4) Begin combo on (5). All roll back to standing on the fifth set of 8 (1-4) pivot (5-6) step forward to clean and pray (7-8)
- 8** Assemble touchdown towards audience (1), step left to second position with arms in low V(2), half T arms (3), full T arms (4), opposition now and arrow arms 5-8
- 8** Front line: High V releve twist double lunge to left with pray hands back to high V releve to pray (1-4), Back Line: Low V twist double lunge to right with pray hands back to low V releve to pray (1-4), all step forward right with center rocket arms (5), passé right leg with up rocket arms (6), ball change right back with low V arms (&7), grand battement to right angle with L arms (8)
- 8** Right leg cross over left chasse (1&2), ball change left with Spanish arms (3-4), turning pas de bourre over left shoulder (5&6), run run R,L (7-8)
- 8** Develope jete to audience with touchdown arms (1-2), clip turn recover to back (3-4), swing circle right, then left, the swing left arm up to double pulse (5-8)
- 8** Assemble with half T arms towards left (1-2), ball change right leg back with arms punching in parallel while releasing head (3-4), right chine to back (5-6), ball change right leg back with hi V arms (7-8)
- 8** Transition to triangle with pledge arms R, L, (1-2), repeat hip hop section: step together step with sliding hands to half T (3&4), salsa left with circle arms (5&6), point out in out with bow and arrow arms (7&8)
- 8** Releve to second position with T arms (1), lunge left (2), attitude turn over left shoulder with cheerio arms recover to right lunge (3-6), pulse body and swing arms up and down in cheerio (7-8)
- 4** Ripple clip turn over right shoulder to ending pose

Shout it Out Loud
Level 2 Officer Field Pom
Choreographed by: Emily Woodard

beginning position – arms recovered, head down – in files

- 8 hold 1-8
- 8 sunshine to high needle 1-4, to chest 5, rocket 6, outside arm to 'L' 7, inside arm slices to side 8.
- 8 hook up 1, pinwheel to face front pop head towards center girl 2-7, close pop head front 8.
- 8 ripple from center out (mirroring across 50) step front or back 'K' arms to outside 1-6, all low V 7, close feet poms to chest 8.
- 8 jump 2nd punch R up L to dagger 1, switch to L up 2, shift weight to L L arm circle to hip R to ½ T 3-4, R across T 5, close feet recover L R to ½ T 6, sunshine L up to Indian 7-8.
- 8 (1 5) A/B lines opposite directions: chasse high V arms 1-2, ball change rocket up 3-4, hold Indian or finish groups 5-8.
- 8 squeeze elbows together 1, R low V L ½ high V 2, both high V 3, switch to L 4, (5 6 7 8) front to back by lines: cheer face L wall head down 5, finish 6-8.
- 8 3 step turn to reset staggered lines 1-4, (5 6 7 8) L to R: 'take shirt off' R arm up jump 2nd 5, finish groups 6-8.
- 8 (1 3 5 7) back to front: 'party' swinging R arm out then across 1-2, pickup groups 3-8.
- 8 pivot R to front daggers 1-2, chasse recover arms 3-4, step leap high V arms landing down head down 5-8.
- 8 poms to chest head up 1, to high knees high needle 2, chest 3, medium level needle 4, shake to R diagonal 5-6, W 7, hit hips 8.
- 8 wipers RLRL 1-4 (A lines stand 1-2, B lines stand 3-4), moving to one line: sunshine L arm to ear 5-7, both to low needle 8.
- 4 ripple center out: bevel R leg break arms to low V 1-4.
- 8 moving to triangle: step clap R 1-2, L 3-4, unfold to low needle 5, up 6, shake 7-8.
- 8 (continue moving) poms to R hip look R 1-2, switch to L 3-4, switch to R look front 5, cheerio 6, roll to low cheerio 7-8.
- 8 cheer head down 1, jump 2nd break to T 2-3, ½ T 4, L diagonal 5, slice to R diagonal 6, circle R underneath to low V L wraps tummy look L 7-8.
- 8 (1 3 5) by diagonals: inside pirouette spotting L wall poms to chest 1-2, step towards L wall with R clean arms 3, finish 4-8.
- 8 close feet shake to high Superman to L wall 1-4, (5 6 7) by V's outside to inside: open R to 2nd slice to high V 5, break to low V 6, finish 7-8.
- 8 'tilts' A/B lines 1-4, tilt again extending to full diagonal 5-6, slice to low V ball change back R 7-8.
- 8 R battement high V arms 1-2, step forward 3, cheer 4, (5 6 7 8) center to outsides: jump 2nd rocket arms head up 5, finish 6-8.
- 4 wrap head to low TD 1-2, plié circle towards R to recover jump together 3-4.
- 8 moving to inverse triangle (point to back): 'soldier' R 1-2, L 3-4, daggers 5, TD 6, ½ T 7, T 8.

- 8 ripple front to back: both arms shave underneath to low cheerio head down 1-6, circle cheerio towards R head up 7-8.
- 8 step open R 'graduated arms' low to R 1, medium level to L 2, high to R 3, R diagonal 4, to ear 5, R diagonal 6, R wraps head 7-8.
- 8 (1 3 5) back to front: R 3 step turn forward poms to chest 1-2, punch L to ear 3, finish 4-7, close to L foot L dagger R candlestick 8.
- 8 slow drags whip to L side look L 1-2, open front to low V 3-4, step open 2nd circling R all the way around shaking 5-7, jump together hug poms 8.
- 8 moving to staggered lines: both wrap head to recover 1-4, sunshine up to TD 5-8.
- 8 (1 2 3 4 5) R to L: 'waterfall' step forward R to kneel L head down 1-2, finish 3-6, head up ½ T (leveling) 7, T 8.
- 1 slice R arm up L recovers head back 1.

Spread a Little Love
Level 1 Jazz
Choreographed by: Lisa Barry, Rhodessa Bell, Erica Sowell

- 8 Ripple SL to SR snake head to SR (1-8)
- 8 Ripple SR to SL Burst arms (1-8)
- 8 Step touch arms to L (1-2) step L (3) Feet together arms up (4) plie arms front pum (5-6) prep(6-8)
- 8 Pirouette (1-2) jump out (3-4) chasse (5-6) pas de bourre (7-8)
- 8 Parts 1,5,1: Step L Passe R arms swinging to floor (1-4) finish parts (5-8)
- 8 Finish parts (1-4) all roll to stand (5-8)
- 8 Reach up (1) hips (2) out (3) chest (4) walk with heart beat arms (5-6) head roll press arms (7-8)
- 8 walking to two lines reaching arms up (1-4) pull arms down (5-8)
- 8 Group 1: cha cha (1-4) prep (5-6) stationary leap to floor (7-8)
- 8 Group 2: repeat previous 8 (1-8)
- 8 Arch up (1-4) hand to hips (5) reach out (6) pull arms across (7-8)
- 8 Group (1,3,5) dig head (1) press out (2) cont.(3-6) swing down (7) dig(8)
- 8 (opposition parts front or back) Drag (1-2) chasse (3-4) step (5) battement (6) step(7) snake toward center (8)
- 8 walk towards each other (1-4) head roll (5-7) pose (8)
- 8 Poses(1,3,5,7)
- 8 Walk to rotate form (1-8)
- 8 Ripple soutenu hands on hips (1-4) jump out (5) melt arms (6-8)
- 8 African (1-4) paddle turn (5-8)
- 8 Groups(1,3,5) Arm circle 1 down 2 cont. (3-6) up 7 dig 8
- 8 Chasse Front (1-2) walk around self (5-8)
- 8 Groups(1,3,5) pacman press out 1 in 2 around 3 down 4 cont. (5-8)
- 8 Walking back to previous formation open L arm (1-4) shoulders (5-6) flick hands (7-8)
- 8 Repeat previous 8 with opposite arm (1-8)
- 8 Repeat Cha cha section all together (1-8)
- 8 Arch up (1-4) hand to hips (5) reach out (6) pull arms across (7-8) look front (&)

Still Into You
Level 1 Pom

Choreographed by: Adriana Cortez, Monique Jordan, Lyndsay Renger

- 8 hold 1-4, sunshine arms to opposite 5-6, back to original 7-8
8 bounce heels 1-4, V 5-6, pencil turn to half T 7-8
8 (groups 1/3/5) diagonal 1, break 2, switch diagonal 3, extend arms 4, hug
shoulders elbows together 5-6, plie hands on knees 7-8
8 g2 ends 1-2, g3 ends 3-4, shake to TD 5-6, circle TD arms overhead 7, tuck 8
8 ripple windmill arms 1-8
8 ripple point R arm to audience, pencil turn to clean 1-6, step back 7, jump to TD 8
8 sunshine shake open 1-4, step punch R down across 5-6, pencil turn with arms
cheerio 7-8
8 walk in cheerio 1-2, pull hands to R 3, switch to L 4, L with R arm up 5-6, break in
daggers 7, clean 8
8 broken arrow to R 1, switch &, R 2, circle R arm to low V 3-6, extend L to low V 7,
break &, extend low V 8
8 (groups 1/3/5) chasse R with T arms 1-2, cross L behind, T to back 5-6, cross
wrists look up 7, look over L shoulder pose 8
8 g2 ends 1-2, g3 ends 3-4, pop shoulders 5-6, flat back rotation in seconde 7-8
8 cross arms at wrists 1, low V sit on back leg 2, wrap arms over head grabbing
elbows 3-4, prep L 5-6, pirouette grab shoulder with elbows together 7-8
8 sunshine to half tuck 1-4, check 5, bounce 6, rocket facing stage L 7-8
8 shaking slice to low V look front 1-4, wrap R arm 5-6, L chasse 7-8
8 R TD 1, L TD 2, slice to T 3, circle at elbows "deodorant" to clean &4, circle arms
down and out while elbows stay at side 5, clap 6, circle 7, clap 8
8 *(3 levels) cross at wrists 1-2, low V 3-4, lean head to side to low V 5-6, rocket 7,
chest 8
8 (groups 1/3/5) K side 1-2, high V 3-4, opposite K 5-6, windmill 7-8
8 bug tuck 1-2, g2 ends 3-4, g3 ends 5-6, jump to seconde with hips up 7-8
8 snake body up 1-4, R half T 5, L half T 6, push arms down by side b/c 7-8
8 chasse 1-2, step R jete 3-4, half tuck 5-6, lean and cross arms 7, low V L 8
8 R TD 1, L TD 2, slice to T 3, circle at elbows "deodorant" to clean &4, circle arms
down and out while elbows stay at side 5, clap 6, circle 7, clap 8
8 step R arm T 1, arms swings across 2, step 3, break to L forced arch 4,
switch L in groups to R 5, 6, 7, 8
8 b/c arms cross on chest 1-2, R battement 3-4, tuck to back 5-6, jump to low V in
seconde 7-8
8 transition to beginning position 1-3 beginning pose &4, sunshine arms to
opposite 5-6, back to original 7-8
4 opposite arms TD 1-2, shake to front 3-4

Talk to Me, Dance With Me
Level 2 Field Hoopla
Choreographed By: Casey Potter, Jessie Heck

Start in triangle hoops at chest head down

- 8 Hold 1-4, Jump ripple to tuck from stage left 5-8
- 8 Continue ripple 1-4, Level ripple to rocket front to back 5-8
- 8 Drop "L" in parts 1,3,5 switch 7 close arms 8
- 8 Opposite diagonals 1-8
- 8 Cheerio and stand up 1-4 steer left and right 5-8
- 8 continue steering 1-6 TD 7-8
- 8 Windmill ripple to face outside of the circle 1-8
- 8 Flower out 1,2 rotate right 3-8
- 8 Rotate left 1-8 hold at chest 1-4, left diagonal down 5-6, right diagonal down 7-8
- 8 Split into diagonals drag up and push out 1-4 clean 5-6 jumping jacks 2 high 2
low in parts 7,1,3 Last group finishes parts on 8
- 8 Chasse by line pick up 1,5,1 arms in levels Last group chasse 1-4, everyone three
step turn to columns 5-8
- 8 Clock 1-8
- 8 Circle ripple 1-8
- 8 ripple tuck 1-8
- 8 break to high V ripple 1-8
- 8 walk to staggers right arm low V 1-4, left arm low V 5-8
- 8 chest 1-4, high V 5-6, chest 7-8
- 8 Pirouette parts back line 1-8
- 8 Pirouette front line 1-8
- 8 Opposite diagonal drags 1,2 ball change 3,4 back arm up 5-6, slice bottom arm 7-8
- 8 clap hooplas together 1,2 flip 3,4 snake to tuck from TD 5-7 levels V-T-V 8

Teach Me How to be Loved
Level 5 Lyrical

Choreographed by: Jesus Acosta, Katie Perdue, Sarah Peterson, McKenzie Robinson

- Starting in one diagonal line facing stage right corner—feet parallel hands down
- 8 Hold 1-4, rond de jambe R foot 5-6, soutenu around R shoulder with free flowing arms 7-8
- 8 Prepare in parallel 1-2, drag with arms in L shaped on L foot 3-4, step R-L 5-6, battement developpe to passé arms in V 7-8
- 88 **Group A:** Step back R foot with breathe 1-2, step L-R 3-4, hands to the ground and extend L leg and roll 5-6, slide on L hip with R arm swiping back 7-8, push up to stomach 1-4, roll over R shoulder 5-8
Group B: Step back L foot with breathe 1-2, sauté on R leg with arms in L 3-4, sauté passé on L leg with arms in first position 5-6, put R hand down to floor and kick L leg out 7-8, turn around stepping L-R 1-2, chug to contracted parallel arms down 3-4, turn the R leg in 5-6, back to parallel 7-8
- 8 Pique arabesque on L leg arms reaching toward partner 1-2, run with arms down to new formation 3-8
- 8 Contract to L side 1-2, step R-L 3-4, brush R leg out extend L arm to side 5, contract on L leg 6, step on R foot swipe L arm back 7-8
- 8 Half attitude turn on R leg arms swimming out 1-2, step L-R 3-4, L attitude turn R arm circling above head ending face stage L 5-8
- 888 **Group A:** Hold 1-2, sauté jump to the R arms in L shaped 3, step L 4, step R 5, pivot 6, extend L foot to flex arms reaching 7-8, step L-R 1-2, inside turn on R leg 3-4, prepare 5, sauté jump to L 6, step back on L leg with L arm swiping back 7-8, run forward RLR 1-2, squirrel jump over partner 3-4, turn around L shoulder 5-6, chasse into a passé on L leg with R arm extended up 7-8
Group B: Hold 1-2, ball change RL 3-4, slide R leg to ground 5, step on L 6, rond de jambe R leg around in attitude 7-8, switch arms around 1-2, roll on stomach 3-4, curl into ball facing stage L 5-8, lay X position 1-2, hold 3-4, roll to the back 5-6, chasse into passé on L leg with R arm extended up 7-8
- 8 Run to partner 1-4, lift 5-8
- 8 Turn partner into an R fan kick with R arm extended out 1-4, **Group A:** roll to the ground 5-8, **Group B:** inside R fan kick 5-8
- 8 Partners move opposite ways with R drag arms push down body 1, step RL 2-3, chug with R leg extended 4, run to new formation 5-8
- 8 **Group A:** facing back, R hand L hand 1-2, forced arch parallel arms coming up 3-4, slide R leg out 5, reach R hand up 6, hold 7-8
Group B: Lift 1-4, face back 5, reach R hand up 6, hold 7-8
- 88 4 parts in cannon, Step RL, barrel turn with arms in first position, step RL, chug arabesque arms in L shaped, step RL, hop to parallel contracted over and start rolling up until everyone is there
- 8 Ball change into a big second position plié RL arms go through center and out 1-4, brush flex degage with R foot arms make fist on hips 5-6, R chaine turn 7-8
- 8 Tilt jump with arms in diagonal 1-2, roll to the ground 3-4, plank on 5-6, walk back in plank 7-8

- 8 Come up to standing 1-2, prepare 3, flamingo jump on R leg arms in L shaped 4, step LR 5-6, drag to back on L leg 7-8
- 8 Run to the back 1-2, jump to front reaching arms forward 3-4, run to new formation making contact 5-8
- 8 Swipe L arm back stepping L 1-4, chaine turn to R 5-6, pique turn 7-8
- 8 Fouette turn to R 1-2, land in back lunge on R leg 3-4, slide R leg forward 5-6, keep L leg extended on to knee 7-8,
- 8 Pushing up on hands and fanning L leg back on 1-2, roll to standing facing back 3-6, sauté jump on R leg arms reaching forward 7-8
- 8 Run to a tighter clump 1-4, R arm hits up 5, bring arm down 6, wrap R arm around stepping to the L 7-8
- 8 Ball change back in deep lunge RL with R arm rolling through 1-4

This is My Dance Floor
Level 4-5 Pom
Choreographed by:

Start in two lines facing back in a wide second position

- 8 Hold (1-3) arms touchdown, pop R leg (4) switch hips four times, arms breaking down (5-8)
- 8 part 1&3 chaine (1-2) straight leg axle (3-4) jump second (5) 2nd group jumps (7) punch r arm up down, sit in r hip (&8)
- 8 K left (1) broken t (&) punch down R side (2) punch back (&) "9" arms r (3) roll arms back to "9" (4) parts 5-7, throw head back first count, hold over left leg second count (5-8)
- 8 roll up (1-2) prep RL (&3) r triple pirouette (4-6) jump out second (7) hold (8)
- 8 parts 1,2,3 r knee (1) l knee (2) release back (3) bug (4) L lean (5) r lean (6) body roll (7-8)
- 8 hands down (1) pop to second (2) roll up (3-4) finish up (5-6) step across w/ r leg, throw r arm, wrap l (7) out (8)
- 8 circle arms twice chugging l foot (1-2) up (3) pop arms low v (4) hinge l (&5) hinge r (&6) down in three parts 7-1 fold over first count up on second count (7-8)
- 8 diagonal l(1) break r (&) break l (2) unfold r to low v (&) straighten l parallel to r (3) break l back up (&) break r back up (4) straight l to high v (&) straight r to high v (5) break to low v (&6) break to high v (&7) break to low v (&8)
- 8 front back line opposition arms facing opp directions, breaks arms in front of face/ behind head and switch (1&) extend l arm r arm (2&) pump broken t (3&) pump t (4&) pump low or high v (5&) switch (6&) circle arms back (7&) broken t (8)
- 8 three step turn to a partner broken t arms (1&2) up and down parts, up part rocket r side (3) high v (&) left rocket (4) release (5) down (6) roll up (7-8)/up part fold over L leg (3) center (&) r leg (4) look up (5) drop head (6) roll up (7-8) 8 - opposition, extend l broken t r (1) switch (&) break r down l (2) switch (&) extend l arm up r broken (3) extend r (&) rocket (4) left l (&) rocket (5) shake down walking back to staggers (6-8)
- 8 throw l arm down across body (1) pop left hip (&2) break t down to low rocket stepping forward w/ left foot (&3) twist l hip pull elbow to l (&4) ball change switching legs (&5) t (&) wrap to back (6) ball change rl to second (&7) t (&) wrap to other side (8)
- 8 t ripple from stage r to l (1-8) 8 - front row goes 1 back row 3, head roll (1-2) reach down (3-4) pull through (5-6) bell roll (7-8)
- 8 stand up (1-2) back row up by (3-4) move to diamond, facing back crossing arms (5) low v (6) touchdown (7) break down (8)
- 8 3 parts on 1,2,3, wrap head (1) sit back (2) reach forward diagonal (3) down (4) step r (5) front (6) finish parts (7-8)
- 8 3 parts front to back 1,3,5, prep for stationary leap (1) up (2) land in cheer position (3) jump to second (4) parts finish or hold (5-8)
- 8 check (1) switch (&) cross forward (2) low v (&) clean (3) low v r (&) r to hip l down to side (4) opposition, step out both arms parallel to r or l (5) break downstage arm (&) break upstage arm to broken t (6) extend original downstage arm to opposite side

- (&) extend original upstage (7) break new downstage (&) break new upstage to broken t (8)
- 8 parts 1,3,5 from front, down on r knee high v (1) low v (2) tilt body extend l leg l arm (3) clean to knees (4) wrap head (5) clean arms (6) roll (7-8)
- 8 stand up (1-2) or (3-4) or (5-6) step on r leg (7) attitude back (8)
- 8 step across l leg (1) turn around self to prep (2) pique turn drop off [either one, two, or three piques] pique (1-2) low chaine (3-4) calypso (5-6) roll to the ground (7-8)
- 8 other groups finish by 6 standing to face r side (1-6) step r (7) punch touchdown (8)
- 8 walk shake poms down (1-4) jam it out kick ball change check arms facing l (5&6) punch down (7) big circle (&8)
- 8 roll to ground in groups 1,2,3, to sitting l leg popped (1-4) punch up (5) release back (6) or (6-7) or (7-8)
- 1 everyone together, look forward l arm on l knee (1)

Tonight
Level 1 Kick
Choreographed by:

Start in two lines, facing front right diagonal with arms wrapped.

- 8 Hold 1-4, "L" ripple from from stage right 5-8
- 8 Continue ripple 1-4 walk to straight line, wrap head and hook up 5-8
- 8 Step left touch right, step right touch left 1-4 passé 5-6 ball change 7-8
- 8 Three straight kicks close on 7 hold 8
- 8 Exercise kicks to the corners starting with left foot 1-4, start with left foot 5-8
- 8 Exercise kicks to the front 1-8 Close feet 1-2, pop right hip 3-4, pop left hip 5-6 shake 7-8
- 8 Three corner kicks to the right close 7 hold 8
- 8 Chasse with right foot 1 and 2, pop left hip 3-4, pop right hip 5-6 shake 7-8
- 8 Three corner kicks to the left close 7 hold 8
- 8 Three flick kicks start stepping on left 1-6 step 7 close 8
- 8 Graduated kicks, two points 1-4, two waist 5-8
- 8 Three straight kicks close on 7 hold 8
- 8 Unhook 1-2 pivot turn arms up pivot turn arms down 3-8
- 8 Drag "T" and roll to stand up ripple front and back 1-8
- 8 Finish ripple 1-4 open arms and release 5-7 close 8
- 8 Pirouette in parts (1,3,5) prepare 1-2 turn 3-4 jump out 5-6
- 8 Parts finish on 1-2 move into two lines walking 3-4 wrap head 5-6 hook up 7-8
- 8 Step left fan right 1-2 walk 3-4 drag on right 5-6 close 7-8
- 8 Step right fan left 1-2 walk 3-4 drag on left 5-6 close 7-8
- 8 Three straight kicks 1-6 close on 7 hold 8
- 8 Unhook 1-2, three step turn to the front or back 3-4 tuck 5-6 level out 7 arms up 8
- 1 open and look right 1

Trumpet Lights
Level 5 Hip Hip

Choreographed by: Rhodessa, Kacey Lee, and Monique Jordan

- 8 hold 1-3, chest up 4, down 5, hold 678
 - 8 back 1, front 2, right 3, left 4, walk right 5, left 6, diagonal arms L 7 ,R 8
 - 8 (groups 1,2,3,) fist back 1, in 2, lean back 3, down 4, hold 56, zip up arms and move out 78
 - 8 opposite muscle man 12, switch 34, opposite kick 56, switch 78
 - 8 in 1, jump out 2, pull to right 3, left arms swings down 4, punch up to right corner 5, scoop down 6, body roll with Indian arms 78
 - 8 booty right 1, left2, kick back 3, house step right 45, left 67, turn 8
 - 8 kick right front twice 12, back &, step left 3, out 4, in 5, out 6, pull down 7, elbows in hip roll 8
 - 8 pony arms up 1-4, step left cross R arm 5, switch to make "X" 6, step L pop arms 7, hop out holding buckets 8
 - 8 wrap L 1, arm out 2, wrap R 3, arm out 4, (while stepping to back) arms to ½ T 5, T 6, circle 7, touchdown 8
 - 8 tuck 12, (groups 3,4,5,) rock back cheerio arms 3, rocket 4, point to front 5, rocket6, point over head circle 78
 - 8 rocket 1, hold 234, push back groups 5 or 6 or 7, hold 8
 - 4 circle to front 1, arms low 2, L arm scoops 3, L hand on head 4
 - 8 hop to second hip rolls to R 1234, L 5678
 - 8 bounce twice 12, levels side 34, levels front 5, jump out 6, pull R 7, pull L 8
 - 8 "Beyonce hips" 123, slap ground 4, snake to side 5, close 6, booty 78
 - 8 (groups 1,3,5) snake to sit 12, push 34, hold 5678
 - 8 arm over 12, break dance pose 34, hold 56, down 78
 - 8 snake back 12, rocket 34, hold 5678
 - 8 pony to one line
 - 8 pony 1-4, pull L 5, R 6, down 7, circle down leg up 8
 - 8 close in 1, out 2, scoop L 3, checkmark 4, flick hand levels 5-8
 - 8 scoop down ripple to pose 1-6, R hand to hip 7, L leg up with "X" arms 8
- Walk off

Turn Around
Level 2 Kick

Choreographed by: Adrianna Cortez, Lindsay Early, Sydne Miller, Emma Wafer, Breanne Wilson

- 8 ripple 1-8 bring right leg into pose, point foot straight front sliding jazz hand down leg
- 8 pose right foot back with arms rocket low v 1-2, ball change left arm scoops up right comes to chest 3-4, prep for a single turn 5-6, pirouette 7 out to second on 8
- 8 3 groups (1,3,5) hip roll right, right arm folding down to the right. Wrap arms behind head closing feet 7-8
- 8 step across with left foot right arm comes up to touchdown 1-2, step across right foot left arm comes to T 3-4. Walk to two lines 5-6 prep 7-8
- 8 straight kicks 1-8
- 8 right fan 1-2 chase 3-4 two straight kicks to the right 5-8
- 8 repeat to the left. Left fan 1-2, chase 3-4 two straights left 5-8
- 8 2 groups (1 or 3), jump feet together to the back arms in in touchdown, ball change left back releasing head 5-6 close 7-8
- 8 twist right or left depending on line 1-2 twist again 3-4. Step back towards center with one kick 5-6, drop arms turning front 7-8
- 8 prep 1-2, graduated kicks starting left 3-8
- 8 enveloped kick right 1-4 left 5-8
- 8 right star kicks 1-8
- 8 ripple starting from opposite ends, bowing to a flat back coming back up and releasing head pointing out right foot 1-7. Close together 8
- 8 ripple starting form opposite ends, pose right leg with right sunshine arm (left pose with left arm for opposite line) 1-8
- 8 even lines step and hook up 1-2, step left 3 and kick right 90degrees 4, step right 5 kick left 6 close 7-8 (all while walking through front line) Odd lines hook up 1-2 walk straight back past even line with flat back 3-8.
- 8 even lines from before switch bow to flat back on 1-2 back up 3-4, side hips 5-6 and 7-8. Odd lines hook up 1-2 bow 3-4 back up 5-6 side hips 7-8
- 8 ball change right in front 1-2, ronde de jame 3-4 right side kick 5-6 twist front 7-8
- 8 chase left 1-2 right pose front 3-4 prep 5 right kick 6 left kick 7-8
- 8 continue straight kicks 1-6 close feet 7 drop arms 8
- 8 2 groups (1,3) step right 1 left 2 beat feet with arms in rocket 3 drop 4 (body is down right leg is straight left foot is pointed out holding 5-6 snake up 7-8
- 8 walking to two lines arms come up body 1-4, push arms out releasing head 5 arms across body 6 out to a T 7 close 8
- 8 2 groups (1,3) ball change right foot while right arm swings across 1-2 clip turn with arms in cheerio 3-4 star burnt to the legs in second position 5-6 hold 7-8
- 8 slide right leg through 1-2 left kick to the front 3-4 face the back legs together arms scoop down from the floor and star burt back with head release 5-8
- 8 kick right leg to the left side 1-2 open legs closing to the right side 3-4 reach left arm up and around finishing on top of head 5-8

We Came to Smash
Level 2 Pom

Choreographed by: Rhodessa Bell, Emma Jones, Monique Jordan, Eboni Wafer, Michael Vermeulen

Beginning position and form: front line on shins, back line standing, arms crossed (L over R)

- 8 hold with head down 1-4, arms circle overhead to low-V 5-8
- 8 front line: arms cross at chest 1, candlesticks 2, pray 3, hold 4-6, L arm swings to pray 7-8
back line: 3-step turn towards front 1-4, L arm swings to pray 5-6, hold 7-8
- 8 ripple L-R arms open to L diagonal (front line comes to high knees)
- 8 front line: step L 1-2, rocket down 3-4, rocket up 5-6, shake 7-8
back line: hold 1-2, rocket up 3-4, rocket down 5-6, shake 7-8
- 8 arms swing to L daggers, swing to R daggers and feet step touch 1-4, punch and pivot to front 5-6, punch and pivot to back 7-8, L arm punches up 1, right arm punches up 2, hold 3-4 (back line follows 7-8)
- 8 R foot opens to second position L arm in "L" 5, R arm wraps 6, tuck L arm behind head 7, jump together to side and candlestick arms 8
- 8 broken-T swivel in groups 1-2 or 3-4, L dagger 5, R dagger 6, L dagger and lean 7, arms clean with lean 8
- 8 cheerio above head 1-2, wrap to L hip 3-4, R arm punches above head while turning around yourself 5-6, slice to L diagonal 7-8
- 8 "rock-n-roll" 1-3, front line R arm swings 5-6, back line swings 7-8
- 8 L arm punches to meet R in three groups 1-3, hold 4, broken T swivel 5-6, arms swing overhead 7, pop 8
- 8 punch L arm and pivot 1-2, legs jump to second arms in high rocket 3, hold 4, arms open to T and head and hips go R-L 5-6, head roll R-L 7-8
- 8 turn to front and punch L arm in groups (1/2/3) L arm half T 5, R arm half T 6, hips hit to the R cheerio above head 7-8
- 8 transition to V form: arms roll down 1-4, clap, clap 5-6, deodorant 7-8
- 8 groups back to front arms swing overhead R leg goes to posse down to floor (1/3/5)
- 8 groups front to back arms swing above head to cross chest level L leg popped (1/3/5)
- 8 choo-choo 1-2, bow and arrow 3-and-4, groups (5/6/7) downward L switch L-R
- 8 contagion (1/3/5) front to back: contract hands on knees feet together, jump to second R arm wraps across stomach, R arm punches by head, L leg lunges back L arms punches to audience, contract hands on knees, stand with arms in L "K" (everything double counted)
- 8 swing to face R wall arms go to candlesticks chest level 1-2, shake poms and walk to straight line 3-8
- 8 ripple front to back L arm breaks to T 1-8
- 8 ripple front to back flower (every other person opens opposite way) 1-8
- 8 ripple front to back slice, punch 1-8

- 8 down, up or up, down 1-2 step out in high-V or low-V 3, arms come to pray 4, form change to horizontal line roll 5-8
- 8 clap, clap 1-2, deodorant 3-4, every other person head roll and hit ending pose 5-8