

Here, There, Everywhere

Purpose:

Students will use interaction to begin exploring perceptual and spatial awareness while using a variety of locomotor movements.

Integration:

Modern Dance Terminology, Social Studies Mapping Skills (direction)

Directions:

1. Students begin spread out in the dance space facing different directions.
2. Instructor / class leader will say a direction (*use North, South, East, West*) and a locomotor movement (*walking, running, hopping, etc.*).
3. The instructor begins the music. Each student moves in the given direction using the specified movement while the music is playing.
4. When the music stops, instructor / class leader says one of three words; Here, There or Everywhere.
5. If the word “here” is said, students run toward the instructor / class leader. “There” indicates students should move toward the location where the instructor / class leader is pointing and “everywhere” directs students to move into a new location away from other individuals.