

Loving others Their way...

Words of Affirmation – this type of person likes to hear verbal words of praise. “Great job on your double turn today!”

Quality time – focusing all of your attention on one or two people at a time is a great example of quality time. People who value this need for others to give up the cell phone, TV, computer, etc. when it is time together.

Receiving gifts – hand made is just as good as store bought for these people. Making a card or purchasing a flower for someone will satisfy their need to receive gifts.

Acts of service – sometimes simple acts such as throwing out someone’s trash or delivering their textbook to them is the highest form of a compliment.

Physical touch – the person who values physical touch needs for you to give them a hug when they are down; they need for you to sit in close proximity to them when talking.

The biggest trick to showing your appreciation and care for others is being able to “speak” to them in a manner they value. Humans are most likely to show appreciation in the way they want to receive it and therefore are frequently misunderstood.

Challenge:

Take a few minutes at the beginning of the year to decide what your teammates NEED and decide whose job it is to satisfy those needs.

Questionnaire

Rank the following in order of importance to you...which do you favor most...1 to 5 with 5 being the most important.

_____ When I receive small gifts from others, I feel very loved and appreciated.

_____ If my mom cleans my room without me asking I am ecstatic.

_____ It is very satisfying to have my director tell me that I have worked hard and look good doing that double turn.

_____ A hug is all I need on a bad day to make things look brighter.

_____ When I go to the movies with my friends, it is important to me that they are not texting or talking to others during OUR time.