

Effective Routine Fundamentals

Parade Routines

- 1. Choreography should contain side to side visuals as the audience will only view the routine from that vantage point.**
- 2. The routine can be short and have repeats, as the audience will always be changing as you move down the parade route.**
- 3. Practice marching in straight lines and also executing turns around sharp corners, etc. staying in formation.**
- 4. Visuals are enhanced with the use of props; i.e., poms, hooplas, streamers, or swing flags.**
- 5. Be sure to wear proper footwear and appropriate uniform for the weather conditions. Dancers should also build up stamina and be prepared for the parade's distance.**

Football Routines

- 1. Choreograph large and strong movement that will be visual to your audience from a great distance. Kick, prop, field jazz, and military styles are very effective. Often difficult footwork will not show on the field.**
- 2. Routine length should not exceed 2 minutes to keep the audience's attention. Leave them wanting more!**
- 3. Try to utilize peppy and well-known music that the crowd will enjoy.**
- 4. Stage the group at least eight to twelve steps off the sideline to maximize their visuals.**
- 5. Utilize at least three different formations to vary the movement and add dimension to the performance.**

Stand Routines

- 1. Choreograph visuals using upper body and arm movements. Footwork should be minimal as it cannot usually be seen and stands may vary from location to location.**
- 2. Utilize parts and contagions moving in a variety of patterns; i.e., front to back, back to front, side to side, and angles (bottom R corner to top L corner).**
- 3. Movements should be large and precise, but should be able to be executed in a relatively small area.**
- 4. Utilize poms whenever available to add color and variety to choreography.**
- 5. Consider your costume when creating choreography and have a dress rehearsal to ensure success; i.e., hats and headwork visuals.**

Sideline Routines

- 1. Create one-line choreography that will be visual utilizing dancers in a small front-to-back space.**
- 2. Perform large movements that can be seen from a large distance.**
- 3. Make performers aware of how to begin and end quickly in case music dies out or is cut off.**

- 4. Vary the style of the routines to avoid all dances having the same look or type of movement.**
- 5. Coordinate with the other spirit groups and band to enhance the effectiveness of the routine to build crowd involvement.**

Pep Rally Routines

- 1. Choreograph short upbeat routines to music students will enjoy watching.**
- 2. The audience is close enough to view more difficult movement; therefore, choreography can be more intricate and stylistic.**
- 3. Showmanship is vital when the audience is so close to the performer. Facials can be utilized for greater dynamic effect.**
- 4. Performers should practice in the appropriate size performance area to adapt their spacing to the room available.**
- 5. Review the Pep Rally agenda to inform performers of their duties when not dancing; i.e., how to sit, when to stand, when to cheer, etc.**